
plexus
GLP-1
support
system

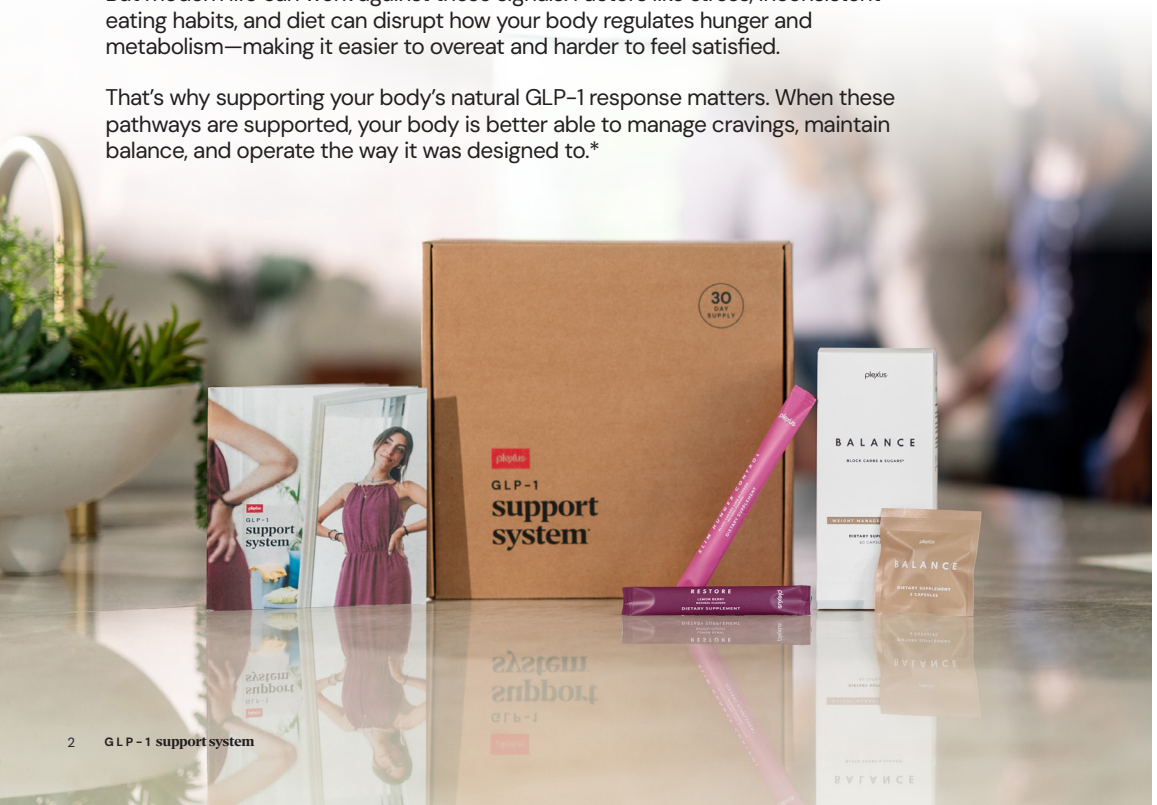
Why GLP-1 matters.

GLP-1 is a natural hormone your body produces that plays a key role in how you experience hunger, fullness, and energy throughout the day.

When GLP-1 is functioning well, it helps signal when you've had enough to eat, supports healthy blood sugar levels, and promotes a more steady release of energy—so you feel satisfied longer and avoid the spikes and crashes.

But modern life can work against these signals. Factors like stress, inconsistent eating habits, and diet can disrupt how your body regulates hunger and metabolism—making it easier to overeat and harder to feel satisfied.

That's why supporting your body's natural GLP-1 response matters. When these pathways are supported, your body is better able to manage cravings, maintain balance, and operate the way it was designed to.*



This is where results get real.

Your body already holds the key to sustainable weight loss—it just needs the right support to unlock its full potential.*

The Plexus® GLP-1 Support System is a non-prescription approach to weight management that works with your body's natural GLP-1 pathways, hunger hormones, and metabolic processes to help calm cravings, support healthy glucose metabolism, and keep you feeling satisfied longer.*

Weight management isn't one dimensional.

- **Slim Hunger Control**
  Provides the foundation of your new routine with a prebiotic fiber that supports GLP-1 production to curb cravings and reduce hunger.*†
- **Restore**
  Enhances the benefits of Slim by supporting a healthy balance of hunger hormones, like ghrelin (which signals hunger) and leptin (which signals fullness) to help promote steadier appetite control and manage stress-related cravings.*
- **Balance**
  Helps neutralize some of the negative effects of sugars and carbohydrates, whether part of a planned indulgence or hidden in everyday sauces, dressings, and beverages.*

By supporting your body's natural hunger signals, this system helps you feel more in control of your choices and your progress—so results feel more steady, natural, and sustainable.*

†Polydextrose, a key ingredient in Slim Hunger Control, has been shown in studies to stimulate the production of GLP-1, a hormone involved in appetite regulation.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.**



slim

Hunger Control

CURB YOUR HUNGER*

Benefits:

- Supports your body's natural GLP-1 production.†*
- Helps you feel fuller longer to curb cravings and reduce the desire to overeat.*
- Supports healthy glucose metabolism and helps maintain blood pressure already in the normal range.*

Available Flavors:

Black Cherry Lime • Blood Orange Lemon Lime • Sweet Tea

Gluten Free | Vegan | Non-Gmo | No Artificial Colors, Flavors, Sweeteners, Or Preservatives



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^ When combined with a reduced calorie weight loss diet plan. Individual results will vary.

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restore

DETOX & CONTROL CRAVINGS*

This three-in-one formula delivers appetite control, gentle cellular detox support, and digestive comfort—helping you stay consistent with your wellness and weight management goals.*^

Benefits:

- Helps control appetite and curb stress-related cravings.*
- Supports your body's natural detoxification processes and healthy liver function, including the elimination of certain heavy metals and environmental toxins.*
- Aids in cellular rejuvenation and healthy aging.*
- Promotes digestive comfort while cleansing.*

Gluten Free | Vegan | Non-GMO | No Artificial Colors, Flavors, Sweeteners, or Preservatives



^ When combined with a reduced calorie weight loss diet plan. Individual results will vary.

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balance

BLOCK CARBS & SUGARS*

Limit carb and sugar absorption to support weight management efforts.*^

Benefits:

- Delays digestion and reduces the absorption of carbs and sugars.*
- Reduces the glycemic index of carbs and sugars.*
- Helps neutralize enzymes that turn carbs and sugars into glucose.*
- Helps reduce calorie intake.*

Vegan | Non-GMO | Gluten Free | No Artificial Colors

^ When combined with a reduced calorie weight loss diet plan. Individual results will vary.

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Smart support for the change you crave.

Each time you take the products in the GLP-1 Support System you provide your body with powerful targeted ingredients.

Yeast Hydrolysate:
Balanced hunger hormones, including ghrelin ("time to eat") and leptin ("thanks, I'm full")*

Magnolia Bark Extract + Berberine Hydrochloride:
Reduced stress-related cravings and a calm gut-brain connection*



Spirulina + Spinach Leaf Concentrate:
Healthy liver function and antioxidant support for cellular renewal*

Ginger Root + Peppermint Leaf:
Digestive comfort and a more comfortable cleansing experience*

Polydextrose:
Natural GLP-1 production and enhanced satiety, helping you feel fuller longer and reduce overall calorie intake*

Green Coffee Bean Extract:
Healthy blood sugar levels already within the normal range and fat metabolism support*



Mulberry Leaf Extract:
Delayed absorption of sugars to help minimize blood sugar spikes*

Chromium Polynicotinate:
Healthy glucose metabolism and cellular glucose uptake*



White Kidney Bean Extract + Common Bean Extract:
Slower breakdown of starches into sugar*

Cinnamon Bark Extract:
Healthy blood glucose levels already within the normal range and balanced hormonal response to food*

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Elevate your wellness routine.

With the help of the GLP-1 Support System, you don't need a complete lifestyle overhaul. Sustainable progress comes from small, consistent actions in 3 key areas: nutrition, sleep, and movement. Start with one shift. Build from there.

NUTRITION

Lead with protein.
Start with protein at every meal. It helps you feel fuller, supports lean muscle, and sets the tone for more balanced choices.

Add more fiber.
Fiber helps you feel fuller longer, supports digestion, and keeps things moving. Sprinkle chia seeds into smoothies, choose whole grains, or add beans and veggies to your meals.

SLEEP

Stick to a routine.
Go to sleep and wake up at the same time every day, allowing for 7–8 hours of sleep. Your body, especially your circadian rhythm, thrives on consistency.

Create an evening wind-down ritual.
Even 15 to 20 minutes of low-stimulation activity, like light stretching, reading, or a warm drink, can help your body shift into rest mode.

MOVEMENT

Take mini movement breaks.
Every 60–90 minutes, step away for 5–10 minutes. A brisk walk or a set of jumping jacks can help you stay energized and focused throughout the day.

Stack your habits.
Integrating movement into your day makes it more sustainable. Walk while you're on the phone, stretch during downtime, or add a few extra steps to your day.

THE DAILY MIX



Mix 1 serving of Slim Hunger Control and 1 serving of Restore with 8–12 oz. of cold water. Sip, then follow with 2 Balance capsules.

Your questions, answered.

1 How often should I take the products in the system?

For optimal weight loss* results, take Slim Hunger Control and Restore two times per day. Incorporate Balance when it best fits with your routine.

2 What if I miss a day?

Just start again the next day. Consistency matters more than perfection.

3 How soon will I notice results?

Results vary from person to person and depend on factors like diet, lifestyle, and consistency. When combined with a reduced-calorie diet and healthy lifestyle habits, the ingredients in the GLP-1 Support System are designed to support steady progress over time.

4 Can I take the System with my medications?

Check with your healthcare provider before combining with medications.

5 Can I combine the GLP-1 Support System with other Plexus® products?

Yes! Many people combine the GLP-1 Support System with other Plexus products as part of their wellness routine.

6 Do I still need to diet or exercise while using the GLP-1 Support System?

The GLP-1 Support System is intended to complement healthy lifestyle habits. For best results, it should be used alongside balanced nutrition, regular physical activity, and a reduced calorie diet plan.



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Want even more support for your weight management goals?

MetaBurn

IGNITE FAT LOSS

Fire up fat loss and fuel your focus.*

Designed to work with your body to boost metabolism, target stubborn abdominal fat, and elevate energy without the crash, MetaBurn helps turn on your body's fat-burning potential while supporting mood and mental clarity, so you feel focused, energized, and in control of your goals.*^



Lean

NOURISH YOUR BODY & LOSE WEIGHT^

Simple nutrition that works with your routine.

Stay full and satisfied with an easy meal or snack that supports your goals. Lean delivers rBGH-free≈ whey protein to help maintain lean muscle, plus prebiotic fiber to support digestion and gut health—all in a convenient, balanced shake.



Real people, real results.

People who have taken the products in the GLP-1 Support System are excited about the success they have seen!

" I made a tweak to my routine in October and lost 11 pounds in 12 weeks*^... and that was through Halloween, Thanksgiving, Christmas, and New Year's. The hardest stretch! "

Terri W.†

" Only a few weeks in. My winter coat fits again. Pants don't feel tight. And I'm not constantly thinking about food.*^ "

Lisa†

" 8 weeks in Down 17 pounds*^ Less cravings* Less snacking* Feel more rested* Less bloating* "

Wendy†

" Down 7 more pounds. Things are shifting for sure!!*^ "

Darla F.†

Success is better shared.

Show us your results. Share your before and after pictures using the Plexus® GLP-1 Support System and tag us on social media for a chance to be featured.

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Plexusworldwide

Plexusworldwideofficial



≈ No significant difference has been shown between milk derived from rBGH-treated and non-rBGH-treated cows.
† The benefits expressed in this testimonial are the individual's personal opinion. Individual results will vary.
^ When combined with a reduced calorie weight loss diet plan. Individual results will vary.

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