# **Skin Health System**

BEYOND AGING. BEYOND THE SURFACE. BEYOND ORDINARY.

Unlock youthful longevity with this breakthrough microbiome-friendly system curated to target key biological factors that influence how your skin visibly ages.



Aging skin tells a deeper story than what we see in the mirror. Below the surface, your skin faces natural challenges: collagen production slows, cell renewal becomes sluggish, and tired, "senescent" cells accumulate instead of making way for fresh ones. Meanwhile, daily aggressors like sun exposure and pollution add to the burden, causing your skin to age faster than your birthday suggests. The result? Skin that's lost its bounce, glow, and smooth texture – not because of time alone, but because its internal renewal systems need support.

### Youthful Longevity Starts Here

True innovation in skincare lies in nurturing your skin's natural potential for youthful longevity by maintaining natural processes that keep skin behaving youthfully for as long as possible. That's why our science-driven formulas use powerhouse ingredients to counteract the five core biological factors that accelerate visible signs of aging:

- Loss of firmness and elasticity
- Sluggish cellular renewal and turnover
- Loss of hydration
- Vulnerability to environmental stressors
- Microbiome imbalance and a compromised moisture barrier

By championing cutting-edge bioactive compounds – including specialized growth factors, signal peptides, and cellular-energizing molecules – the Plexus® Skin Health System works in harmony with skin's natural processes. All to deliver a complexion that looks visibly healthier, firmer, and more radiant, with ongoing transformation you can see.



### **Primary Benefits**

- Targets biological factors of visible skin aging at their source.
- Reveals noticeably smoother, firmer skin with a radiant, youthful glow.
- Revives tired, stressed complexions through deep nourishment and hydration.
- Supports healthy cell turnover for naturally younger-looking skin.
- Maintains healthy microbiome balance for lasting skin vitality.
- Strengthens skin's natural moisture barrier for enhanced resilience.
- Defends against environmental stressors, free radicals, and pollution.

### **Primary Features**

- Comprehensive and multi-functional, our skin health system dynamically addresses five key biological factors to reduce the visible signs of aging: collagen and elastin support, cellular renewal, hydration, environmental protection, and moisture barrier strengthening.
- Innovative science meets skincare, integrating growth factors, plant stem cells, ATP-boosters, peptides, antioxidants, and much more for advanced results.
- Each Kind-to-Biome certified product undergoes rigorous testing to maintain healthy skin microbiome balance — supporting beneficial bacteria, discouraging problematic microbes, and preserving essential microbial diversity.

- Maximum results, minimal steps we streamlined cutting-edge science into a quick, effective, and intuitive routine, making advanced skincare accessible at any skill level.
- Designed for seamless layering, our quick-absorbing formulas enhance efficacy without compromising texture or performance.
- Dermatologist tested for gentleness and suitable for all skin types.
- Non-comedogenic formulas don't clog pores for clear, breathable skin.
- Cruelty-free\*, non-GMO, hypoallergenic, and free from fragrances, harsh surfactants, phthalates, parabens, and other potentially irritating ingredients, including SLS and SLES.

### **Clinical Results**

After just 14 days, clinical trial participants using the Plexus® Skin Health System experienced:

- Visible lifting and firming of skin
- Noticeably brighter, more radiant skin
- Improved skin texture
- Visibly smoother, refined skin
- Reduction in appearance of dark spots and discoloration
- Reduced appearance of redness
- Significantly boosted skin moisture and hydration levels

With time, benefits and confidence deepen. After eight weeks:

- 100% of participants experienced noticeable advancements in skin firmness and elasticity.
- 100% of participants saw a visible increase in skin hydration and improved skin barrier efficiency.
- 94% of participants noted visibly diminished dark spots.
- 89% of participants reported noticeably improved skin texture.
- 87% of participants described enhanced skin luminosity.

#### DID YOU KNOW?

**Collagen makes up about 75% of your skin**'s dry weight and provides structure, elasticity, and strength.<sup>1</sup>

**Healthy skin typically has a slightly acidic pH**, around 4.5 to 5.5. This helps maintain the skin's acid mantle, a protective barrier that prevents the growth of harmful bacteria and fungi.<sup>2</sup>

**The skin on your face is much thinner** than skin on the rest of your body. In fact, it's between 0.5–1.5mm thick, which is why it's more susceptible to environmental damage like sun exposure, pollution, and harsh weather.<sup>3</sup>

#### Sources:

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- Kuo SH, Shen CJ, Shen CF, Cheng CM. <u>Role of pH Value</u> in <u>Clinically Relevant Diagnosis</u>. Diagnostics (Basel). 2020 Feb 16;10(2):107. doi: 10.3390/diagnostics10020107. PMID: 32079129; PMCID: PMC7167948.
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\*Finished products not tested on animals.

### **Frequently Asked Questions**

Is every product in the Plexus® Skin Health System suitable for all skin types? Yes! Our formulations are designed to be gentle, effective, and non-irritating for all skin types.

### How do I use the Plexus Skin Health System?

We streamlined sophisticated science into straightforward AM and PM routines. In the morning, use Fresh Face followed by Glow Getter and Sun Shield. For the evening, start with Fresh Face and follow with Glow Getter and After Hours.

### How can I get the most out of my routine?

To get the most out of your Plexus Skin Health System, start by making sure your hands are clean before each application. This simple step helps prevent bacteria from disrupting your skin's balance. When applying the products, use light, upward strokes to gently massage them into your skin. This not only enhances absorption but also boosts circulation — just be sure to avoid tugging or pulling. And don't forget your hands: they show signs of aging too. Smooth any leftover product onto the backs of your hands for a little extra love.

### How should I store the products?

Keep all products in a cool, dry place away from direct sunlight to maintain their potency and texture.

### When will I see results?

Everyone is different, but many start to notice improvements within two weeks, with additional results and long-term benefits appearing with consistent use over time.

### Are results from the Plexus Skin Health System permanent?

Consistent use is key. The system is designed to deliver visible results with regular use, as directed. If you stop using it, those results will gradually fade — so to maintain the benefits, it's important to stick with it.

### Can I use other skincare products with the Skin Health System?

Yes, you can layer other skincare with the Skin Health System. Just take care with products that are especially harsh or sensitizing — like high-strength acids (AHAs/ BHAs), chemical peels, or aggressive exfoliants. These can compromise your skin barrier and microbiome, which may reduce the system's ability to support renewal and balance.

### Can I use the Plexus Skin Health System with my other Plexus products?

Yes! In fact, Plexus offers additional synergistic add-ons to help you customize your skin health routine, such as our Bright Eyes Revitalizing Eye Cream and Multi-Action Collagen Complex.

### Can I use Plexus Skin Health System with my medication?

While the Plexus Skin Health System is formulated with gentle, skin-loving ingredients, it's always a good idea to speak with your healthcare provider or pharmacist before introducing any new skincare products. They can help ensure that the products are a good fit for your unique needs and any treatments you're currently using.

### Is the Plexus Skin Health System safe for pregnant or nursing women?

As with any new skincare product, we recommend consulting with your healthcare provider before using the Plexus Skin Health System during pregnancy or while nursing. They can provide personalized advice to ensure the products are safe for you and your baby.



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## INGREDIENT GLOSSARY Skin Health System

Curious about the key ingredients in each Plexus® Skin Health System product? Dive into the details for Fresh Face, Glow Getter, Sun Shield, and After Hours with our Skin Health Toolkit below:

### SCAN NOW



### INGREDIENTS LISTS

### **Fresh Face**

Water/Aqua/Eau, Glycerin, Sodium C14–16 Olefin Sulfonate, Cocamidopropyl Betaine, Sodium Chloride, Coco-Betaine, Niacinamide, Ribose, Ascorbyl Glucoside, Sodium Hyaluronate, Sodium Acetylated Hyaluronate, Sodium Hyaluronate Crosspolymer, Hydrolyzed Sodium Hyaluronate, Hibiscus Sabdariffa Fruit Extract, Hylocereus Undatus Fruit Extract, Lavandula Angustifolia (Lavender) Oil, Ceramide AP, Ceramide EOP, Ceramide NP, Cholesterol, Phytosphingosine, Xanthan Gum, Erythritol, Carbomer, Decyl Glucoside, Sodium Sulfate, Sodium Lauroyl Lactylate, Citric Acid, Sodium Phytate, Pentylene Glycol, Acrylates/C10–30 Alkyl Acrylate Crosspolymer, Linalool, Ethylhexylglycerin, Phenoxyethanol.

### **Glow Getter**

Water/Aqua/Eau, Propanediol, Glycerin, Ascorbyl Glucoside, Dimethicone, Caffeine, Hexanoyl Dipeptide-3 Norleucine Acetate, Oligopeptide-1, Palmitoyl Tripeptide-37, Tripeptide-2, Sodium Hyaluronate, Sodium Acetylated Hyaluronate, Sodium Hyaluronate Crosspolymer, Hydrolyzed Sodium Hyaluronate, Akebia Quinata Stem Extract, Myrica Rubra Fruit Extract, Prunus Lannesiana Flower Extract, Rubus Chamaemorus Fruit Extract, Lactobacillus Ferment Lysate, Saccharomyces Lysate, Sodium PCA, Lecithin, Phosphatidylcholine, Xanthan Gum, Mannitol, Sucrose, Sodium Chloride, Cetyl Alcohol, Decyl Glucoside, Carbomer, Sorbitan Oleate, Glycereth-7 Triacetate, Glycolic Acid, Silica, Sodium Phytate, Pentylene Glycol, Potassium Hydroxide, Potassium Phosphate, Dipotassium Phosphate, Polysorbate 80, Hydroxyacetophenone, Ethylhexylglycerin, Phenoxyethanol, Potassium Sorbate, Sodium Benzoate.

### After Hours

Water/Agua/Eau, Dimethicone, Squalane, Propanediol, Cetyl Alcohol, Isopropyl Myristate, Niacinamide, Glycerin, Glyceryl Stearate, Bis-Diglyceryl Polyacyladipate-2, Caffeine, Bakuchiol, Sodium Hyaluronate, Sodium Acetylated Hyaluronate, Sodium Hyaluronate Crosspolymer, Hydrolyzed Sodium Hyaluronate, Hydrolyzed Yeast Protein, Ceramide AP, Ceramide EOP, Ceramide NP, Cholesterol, Phytosphingosine, Panthenol, Tetrahexyldecyl Ascorbate, Tocopheryl Acetate, Xanthan Gum, Sucrose, Maltodextrin, Arachidyl Alcohol, Arachidyl Glucoside, Behenyl Alcohol, Carbomer, Dimethicone Crosspolymer, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Sodium Lauroyl Lactylate, Succinic Acid, Sodium Phytate, Pentylene Glycol, Butylene Glycol, Sodium Hydroxide, Polysorbate 60, Ethylhexylglycerin, Phenoxyethanol.

### Sun Shield

Drug Facts
Active ingredient         Purpose           Zinc oxide 24%Sunscreen
Uses • Helps prevent sunburn • If used as directed with other sun protection measures (see Directions), decreases the risk of skin cancer and early skin aging caused by the sun
Warnings • For external use only = Do not use on damaged or broken skin. • When using this product keep out of eyes. Rinse with water to remove. Stop use and ask a doctor if rash or irritation develops and lasts. • Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.
Directions • Apply liberally 15 minutes before sun exposure Reapply at least every 2 hours • Use a water-resistant sunscreen if swimming or sweating • Sun Protection Measures. Spending time in the sun increases your risk of skin cancer and early skin aging. To decrease the risk, regularly use sunscreen with a Broad Spectrum SPF value of 15 or higher and other sun protection measures including: • Limit time in the sun, especially from 10 a.m. – 2 p.m. • Wear long-sleeved shirts, pants, hats, and sunglasses • Children under 6 months: Ask a doctor
Other Information • Protect this product from excessive heat and direct sun
Inactive Ingredients Water, Dicaprylyl Carbonate, Isononyl Isononaote, CI-3- Slikane, Butyloctyl Salicylate, HD/Trimethylol Hexyllactone Crosspolymer, Polyglyceryl-3 Polyricinoleate, Polyglyceryl-4 Diisostearate/Polyhydroxystearate/Sebacate, Propanediol, Silica, Palmitoyl Tripeptide-37, Sodium Hyaluronate, Sodium Acetylated Hyaluronate, Sodium Hyaluronate, Argania Spinosa Sprout Cell Extract, Aloe Barbadensis Leaf Juice, Camellia Sinensis Leaf Extract, Salva Hispanica Seed Oil, Squalane, Ceramide AP, Ceramide EOP, Ceramide NP, Cholesterol, Phospholipids, Phytosphingosine, Toccopherol, Inulin, Xanthan Gum, Isomalt, Fructose, Sodium Lavryl Lactylate, Triethoxycaprylylsilane, Sodium Lauryol Lactylate, Tetrasodium Glutamate Diacetate, Carbomer, Pentylene Glycol, Disteardimonium, Hectorite, Ethylhexylgverin, Potassium Sorbate, Sodium Benzoate
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