

After Hours

BEAUTY SLEEP, PERFECTED.

Strengthen your skin's moisture barrier, support collagen, and boost natural cellular renewal all night long for supple, radiant-looking skin with this deeply nourishing, restorative night cream.



The Need for Overnight Repair

At night, your skin shifts into repair mode — a natural window of opportunity when cellular renewal peaks and regeneration accelerates. But if your nighttime routine isn't actively supporting this process, you're missing a critical moment to help your skin recover, strengthen, and reset. Daily exposure to stressors, environmental damage, and internal imbalances can leave skin depleted and vulnerable, especially as you age.

Where Rest Meets Renewal

Strengthen the skin's moisture barrier, support collagen, and enhance cellular renewal with After Hours. This restorative night cream harnesses ceramides, gentle retinol alternative bakuchiol, and ATP-boosting bioactive ingredients to revive tired-looking skin while soothing dryness and reducing the appearance of redness. Visibly diminish fine lines and wrinkles, refine surface texture, and minimize the appearance of pores to wake up to a brighter, more supple, radiant complexion. Simultaneously, multi-dimensional moisture technology brings optimal hydration overnight — when regenerative processes accelerate — for beauty sleep, perfected.

Primary Benefits

- Fortifies and repairs skin's protective barrier to prevent moisture loss and combat dryness.
- Soothes and calms dry, irritated skin while reducing the appearance of redness.
- Defends against the visibly damaging effects of environmental stressors through powerful antioxidant protection.
- Enhances natural cell renewal for rejuvenated, revitalized skin appearance.
- Smooths and evens the appearance of skin tone and texture while refining the look of pores.
- Noticeably diminishes fine lines and wrinkles gently — unlike harsh treatments that damage skin's protective barrier while chasing results.

- Supports collagen for visibly improved firmness, elasticity, and bounce.
- Helps revitalize the look of tired, stressed skin by encouraging renewal and boosting cellular energy (ATP) for a noticeably refreshed complexion.
- Optimizes overnight hydration through multi dimensional moisture technology.
- Complements skin's natural repair processes for a firmer, brighter-looking morning complexion.

Primary Features

- Powered by gently smoothing bakuchiol and succinic acid to energize skin, these two ingredients support collagen for a firmer appearance and to visibly reduce the look of fine lines — all without the irritation that comes with traditional retinols.
- Hydrolyzed yeast protein, panthenol, and ceramides work to restore skin's moisture barrier, lock in hydration, and soothe dry, irritated skin for a soft, supple feel.
- A specialized moisture-replenishing complex of hyaluronic acid, niacinamide, and glycerin helps visibly improve skin plumpness, strength, and bounce.
- Defends against the visibly damaging effects of environmental stressors and oxidative damage, revitalizing the look of stressed or sleep-deprived skin.
- Kind-to-Biome certified formula undergoes rigorous testing to maintain healthy skin microbiome balance — supporting beneficial bacteria, discouraging problematic microbes, and preserving essential microbial diversity.
- Dermatologist tested for gentleness and suitable for all skin types.
- Non-comedogenic formula doesn't clog pores for clear, breathable skin.
- Cruelty-free*, non-GMO, hypoallergenic, and free from fragrances, harsh surfactants, phthalates, parabens, and other potentially irritating ingredients, including SLS and SLES.

*Finished product not tested on animals.

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DID YOU KNOW?

—

Facial skin has its own circadian rhythm.

At night, it shifts into repair mode — which is why overnight products matter.¹

Lack of sleep can increase cortisol levels, which break down collagen. That's why tired skin often looks dull, puffy, and less firm.²

Skin permeability increases at night, which can enhance absorption of topical treatments. That's why nighttime is ideal for applying bioactives that support repair.³

Transepidermal water loss increases overnight. This makes replenishing hydration and supporting the barrier especially important in evening routines.⁴

Sources:

1. Andersen B, Duan J, Karri SS. [How and Why the Circadian Clock Regulates Proliferation of Adult Epithelial Stem Cells](#). Stem Cells. 2023 Apr 25;41(4):319–327. doi: 10.1093/stmcls/sxad013. PMID: 36740940; PMCID: PMC10128966.
2. [WebMD](#). Published 2014.
3. Levin J, Maibach H. [Human skin buffering capacity: an overview](#). Skin Res Technol. 2008 May;14(2):121–6. doi: 10.1111/j.1600-0846.2007.00271.x. PMID: 18412552.
4. Yosipovitch G, Xiong GL, Haus E, Sackett-Lundeen L, Ashkenazi I, Maibach HI. [Time-dependent variations of the skin barrier function in humans: transepidermal water loss, stratum corneum hydration, skin surface pH, and skin temperature](#). J Invest Dermatol. 1998 Jan;110(1):20–3. doi: 10.1046/j.1523-1747.1998.00069.x. PMID: 9424081.



Frequently Asked Questions

Is After Hours suitable for all skin types?

Yes! Our formulations are designed to be gentle, effective, and non-irritating for all skin types.

How do I apply After Hours?

Gently massage two pumps onto the face and neck as the last step to your nighttime skincare routine.

Should I use After Hours right before bed?

Give it time! Allow the cream to absorb for 15 minutes before heading to bed, ensuring the powerful ingredients stay on your skin instead of transferring to your pillowcase.

Can I use After Hours every night?

Yes, it's gentle and supportive enough for nightly use as part of your regular routine.

Can I use After Hours with my other Plexus® products?

Yes! After Hours is designed to work seamlessly with the rest of the Plexus Skin Health System products, as well as our Skin Health Line add-ons, and is compatible with all Plexus products.

Does this replace a moisturizer?

Yes, After Hours is designed to nourish the skin with deeper overnight support than a typical moisturizer.

Will it make my skin feel greasy or heavy overnight?

No. After Hours is formulated to deliver rich hydration with a breathable, comfortable finish that won't clog pores.

Can I use After Hours with my medication?

After Hours is formulated to support overnight renewal in your skin — but it's always a good idea to speak with your healthcare provider or pharmacist before introducing any new skincare products. They can help ensure that the products are a good fit for your unique needs and any treatments you're currently using.

Is After Hours safe for pregnant or nursing women?

As with any new skincare product, we recommend consulting with your healthcare provider before starting use during pregnancy or while nursing. They can provide personalized advice to ensure the products are safe for you and your baby.

How should I store After Hours?

Keep in a cool, dry place away from direct sunlight to maintain potency and texture.

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Acrylates/C10–30 Alkyl Acrylate Crosspolymer:

A texture-smoothing ingredient that helps thicken and stabilize skincare formulas. It keeps oil and water blended evenly, preventing separation, while contributing to a silky, spreadable feel that makes application more enjoyable.

Arachidyl Alcohol: A plant-based fatty alcohol that softens skin and enhances moisturization by supporting the skin's natural barrier. It also adds a rich, creamy texture to products and helps stabilize emulsions, improving both skin feel and formula performance.

Arachidyl Glucoside: A gentle, plant-derived emulsifier that helps blend oil and water for a smooth, lightweight finish. It supports product stability and skin barrier health, while helping moisturizing ingredients absorb more effectively.

Bakuchiol: A gentle, plant-based alternative to retinol that helps improve skin texture and promote visible renewal — without the irritation often associated with traditional retinoids. It supports smoother, clearer-looking skin while being suitable for sensitive skin types.

Behenyl Alcohol: A long-chain fatty alcohol that works as a rich emollient and thickener. It helps creams feel lush and smooth while reinforcing the skin's moisture barrier, reducing water loss, and leaving skin soft, conditioned, and resilient.

Bis-Diglyceryl Polyacyladipate-2: A deeply nourishing emollient that forms a lightweight protective film on the skin to help lock in moisture. It delivers long-lasting hydration and gives products a cushiony, soft-touch feel that glides easily during application.

Butylene Glycol: A versatile ingredient that draws moisture into the skin, helping it feel hydrated and comfortable. It also enhances the delivery of active ingredients, improves spreadability, and contributes to a smooth, silky finish. Its mild antimicrobial properties support overall product stability.

Caffeine: A potent antioxidant that helps protect skin from environmental stress while supporting microcirculation to reduce the look of puffiness. It also has a soothing effect on skin and can help provide a temporary tightening and firming sensation, making tired skin appear more refreshed.

Carbomer: A texture-enhancing ingredient that helps create a smooth, gel-like consistency in skincare products. It thickens and stabilizes formulas, improving how they look and feel during application.

Ceramide Complex: A concentrated blend of ceramides, cholesterol, and phytosphingosine that works together to restore and reinforce the skin's natural moisture barrier. This complex supports overnight recovery and helps reduce moisture loss, leaving skin feeling stronger and more resilient.

- **Ceramide AP (alpha-hydroxy phytosphingosine):** A moisturizing lipid that helps repair and strengthen the skin's protective barrier. It supports smooth, hydrated skin by replenishing essential components that decline with age or environmental stress.

- **Ceramide EOP (esterified omega-hydroxy phytosphingosine):** A barrier-boosting ceramide that helps seal in moisture and protect against dryness. It plays a key role in keeping skin hydrated, comfortable, and better defended from external irritants.

- **Ceramide NP (non-hydroxy phytosphingosine):** A skin-replenishing ceramide that helps maintain hydration by replacing naturally occurring lipids lost over time. It supports a healthy moisture barrier and contributes to a smoother, more even skin texture.

Cetyl Alcohol: A skin-conditioning fatty alcohol that helps keep skin soft and moisturized by forming a lightweight barrier to prevent water loss. It also enhances product texture, giving creams a smooth, creamy consistency that spreads easily.

Cholesterol: An essential lipid naturally found in skin, this ingredient helps maintain a healthy moisture barrier. It supports hydration, improves texture, and plays a key role in keeping skin feeling nourished and balanced.

Dimethicone: A protective silicone that forms a breathable barrier on the skin, helping to lock in moisture and prevent water loss. It smooths and softens skin while creating a silky, non-greasy finish.

Dimethicone Crosspolymer: A texture-enhancing silicone that creates a smooth, even surface on the skin. It helps improve product stability and can aid in delivering active ingredients more effectively, all while giving formulas a refined, velvety finish.

Ethylhexylglycerin: A gentle skin conditioner with humectant properties that helps attract and retain moisture. It also supports product preservation by enhancing the effectiveness of other preservatives, helping to keep formulas fresh and stable.

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Glycerin: A humectant that mimics the skin's natural moisturizing factor, by drawing water into the skin and helping prevent moisture loss. Glycerin also supports barrier function and leaves the skin feeling soft and supple.

Glyceryl Stearate: A dual-purpose emulsifier and emollient that helps blend oil and water into a smooth, creamy texture. It softens and conditions the skin while reinforcing the moisture barrier, helping to reduce water loss and improve overall hydration.

Hydrolyzed Sodium Hyaluronate: A low molecular weight humectant that penetrates deeply to draw moisture into the skin. It helps maintain plumpness, improve elasticity, and visibly smooth fine lines for a more hydrated, supple appearance.

Hydrolyzed Yeast Protein: A bioactive ingredient that supports the skin's microbiome by helping nurture beneficial bacteria. By promoting a balanced microbiome, it reinforces the skin's natural defenses, contributing to a healthier, more resilient-looking complexion.

Isobutyl Palmitate: A silky emollient that softens skin and enhances the feel and spreadability of skincare products. It helps retain moisture and leaves skin feeling smooth, supple, and comfortable after application.

Isopropyl Myristate: A lightweight emollient that improves product glide and helps active ingredients absorb more effectively. It softens the skin and contributes to a smooth, non-greasy finish.

Maltodextrin: A plant-based carbohydrate that helps bind and stabilize skincare formulas while enhancing the delivery of active ingredients. It also conditions the skin, leaving it feeling smooth and soft with consistent use.

Niacinamide: A multitasking form of vitamin B3 that helps improve skin clarity and texture. It supports a more even-toned complexion, refines the look of pores, and enhances overall smoothness for healthier-looking skin.

Panthenol: Also known as provitamin B5, this hydrating ingredient draws moisture into the skin and helps it stay there. It also soothes and supports barrier repair, leaving skin feeling soft, smooth, and more resilient over time.

Pentylene Glycol: A multitasking ingredient that hydrates the skin while improving product texture and

spreadability. It also supports product preservation and helps keep skin feeling fresh, plump, and comfortable.

Phenoxyethanol: A widely used preservative that protects skincare products from bacteria, yeast, and mold. It plays a key role in maintaining product safety and extending shelf life.

Phosphosphingosine: A skin-supporting lipid precursor that helps balance the skin's natural barrier and boost ceramide production. It has antimicrobial properties and contributes to improved hydration, protection, and overall skin resilience.

Polysorbate 60: An emulsifier that helps oil and water mix smoothly in skincare formulations. It also acts as a solubilizer, ensuring even distribution of active ingredients. This ingredient supports a creamy, uniform texture and contributes to a more refined product experience.

Propanediol: A naturally derived humectant that draws moisture into the skin for improved hydration and softness. It also helps active ingredients absorb more effectively and supports product stability with gentle preservative-boosting properties.

Sodium Acetylated Hyaluronate: A high-performance humectant that delivers deep, long-lasting hydration. It helps improve skin softness and elasticity by drawing moisture into the skin and holding it there, promoting a plumper, more supple appearance.

Sodium Hyaluronate: A water-soluble form of hyaluronic acid known for its ability to draw moisture deep into the skin. Its smaller molecular size allows for better absorption, helping improve elasticity, reduce the appearance of fine lines, and keep skin hydrated and smooth. Suitable for all skin types, including sensitive and dry skin.

Sodium Hyaluronate Crosspolymer: A cross-linked version of sodium hyaluronate that forms a moisture-retaining barrier on the skin. It provides long-lasting, time-release hydration while helping to smooth texture and support the skin's natural barrier.

Sodium Hydroxide: A pH-balancing agent that helps create formulations that are gentle and compatible with the skin. It neutralizes acidic ingredients to maintain the ideal pH for stability and skin health.

Sodium Lauroyl Lactylate: A gentle emulsifier that helps bind oil and water while also conditioning and

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moisturizing the skin. It reinforces the skin barrier, reduces moisture loss, and offers mild antimicrobial benefits that support overall formula integrity.

Sodium Phytate: A plant-based chelating agent that helps keep skincare formulas stable by binding to metal ions that could otherwise cause degradation. It also offers antioxidant support, helping preserve the efficacy and longevity of active ingredients.

Squalane: A lightweight, skin-friendly emollient that mimics the skin's natural oils, helping to deliver deep, lasting hydration. It supports moisture retention, leaving skin to appear soft, smooth, and balanced without a greasy feel.

Succinic Acid: A naturally occurring compound that supports skin's energy processes to help revitalize its appearance, promoting a radiant, resilient, and healthy-looking complexion.

Sucrose: A plant-derived humectant used to moisturize by drawing water into the skin. It supports hydration and leaves the skin feeling soft and smooth, while also improving product texture and feel.

Tetrahexyldecyl Ascorbate: A highly stable, oil-soluble form of vitamin C that penetrates deeply into the skin. It helps brighten the complexion and even tone while offering antioxidant protection against environmental stressors.

Tocopheryl Acetate: A form of vitamin E known for its moisturizing and soothing properties. It helps reduce dryness, supports the skin barrier, and provides antioxidant protection while also helping to extend product shelf life by preventing oxidation.

Xanthan Gum: A natural thickener and stabilizer that helps give skincare products a smooth, uniform texture. It supports the even distribution of ingredients and contributes to the overall consistency and performance of a formula.

INGREDIENTS LIST

Water/Aqua/Eau, Dimethicone, Squalane, Propanediol, Cetyl Alcohol, Isopropyl Myristate, Niacinamide, Glycerin, Glyceryl Stearate, Bis-Diglyceryl Polyacyladipate-2, Caffeine, Bakuchiol, Sodium Hyaluronate, Sodium Acetylated Hyaluronate, Sodium Hyaluronate Crosspolymer, Hydrolyzed Sodium Hyaluronate, Hydrolyzed Yeast Protein, Ceramide AP, Ceramide EOP, Ceramide NP, Cholesterol, Phytosphingosine, Panthenol, Tetrahexyldecyl Ascorbate, Tocopheryl Acetate, Xanthan Gum, Sucrose, Maltodextrin, Arachidyl Alcohol, Arachidyl Glucoside, Behenyl Alcohol, Carbomer, Dimethicone Crosspolymer, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Sodium Lauroyl Lactylate, Succinic Acid, Sodium Phytate, Pentylene Glycol, Butylene Glycol, Sodium Hydroxide, Polysorbate 60, Ethylhexylglycerin, Phenoxyethanol.

