



plexus
IronWoman™
Find your strength with advanced iron absorption that's gentle on your stomach.*



KEY BENEFITS

- Helps maintain iron stores and improve iron status in women*
- Helps alleviate iron deficiency and associated tiredness from fatigue*
- Helps ensure adequate iron intake to support healthy cellular function and hormone synthesis*
- Supports formation of red blood cells and hemoglobin*
- Plays a role in supporting the body's natural gut repair processes and contributes to the normal function of cells lining the digestive tract*

FEATURES

- Includes vitamin C, cysteine, and most importantly, *Lactiplantibacillus plantarum* – a type of precision probiotic to improve iron absorption and support wellness and an active lifestyle*
- Uses a form of iron called, ferrous fumarate at a level that is effective and gentle on the stomach*
- Gluten free, vegan, and non-GMO

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

SUGGESTED USE: Adults take one capsule daily. For teens 13 years and older, take 1 capsule daily under the direction of a health care practitioner.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	15 mg	17%
Iron (as ferrous fumarate)	10 mg	56%
Cysteine	100 mg	†
<i>Lactiplantibacillus plantarum</i>	1 billion CFU	†

†Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose, hypromellose (vegetarian capsule), vegetable juice (color), silicon dioxide, and medium chain triglyceride powder.

NOTE: Do not exceed suggested daily serving. Consult your health care practitioner before giving any dietary supplement to children under 18 years of age. Consult your health care practitioner prior to use if have or suspect a medical condition or are taking medication. Do not use if inner safety seal under the cap is broken or missing. **Keep out of reach of children. Use only as directed.** Store in a cool, dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Gluten free, vegan, non-GMO, no artificial colors**

**Added color from natural sources

Distributed By: Plexus Worldwide® Scottsdale, AZ 85258
480-998-3490 plexusworldwide.com

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BETTER TOGETHER

- **Active:** provides clean energy support to help energize your body and brain*
- **XFactor+:** Delivers key nutrients that protect developing red blood cells from oxidative damage with antioxidants*
- **VitalBiome®:** Helps balance your gut microbiome with diverse probiotic strains and ingredients that support improved health and mood*



VEGAN



GLUTEN FREE



NON-GMO

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