



# THE NEXT 3 DAYS

# Could Change Your Life Forever

Close your eyes for a bit. Imagine your future. When you look down the road, does your story end in success? Believe it or not, the steps you take within the next 3 days could make the difference between a life filled with Health and Happiness and a life that has stalled due to excuses and doubt. Decide today which path you will take. Your Getting Started Guide will help you avoid 3 common mistakes that will get in your way.



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### WITH HEALTH AND HAPPINESS:

Confusion becomes Clarity

Barriers become Bravery

Fear becomes Fearlessness

Struggle becomes Stability

Clarity becomes Confidence

Bravery becomes Belief

Fearlessness becomes Freedom

Stability becomes Success





# AN OPPORTUNITY LIKE THIS

### Comes Once in a Lifetime.

#### Seize the Moment before It's Gone.

The first 3 days of your Health and Happiness Journey will be gone before you know it. What you do with them is up to you. We know it's overwhelming to begin anything new, so we asked thousands of our Ambassadors what they wish they had done differently when they were wearing your shoes. This guide is a collection of their best tips to help you start your journey on the right foot.



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### Don't Skip over Your Tools

Health and Happiness has been our mission for over 12 years, so we know what it takes for success. Beyond your Success Kit, we've created a wealth of resources and tools to help you get started, and skipping over them is something that will throw you off track.

Here's a quick summary of the free tools you now have access to:

#### Plexus<sup>®</sup> Engage Mobile App

Whether you have an Apple or Android device, we've got you covered! Download our app to easily send your 3 free samples, manage your contacts, and receive follow-up prompts on the go. Visit getplexusapp.com for more details!

#### Fast Start

If you're ready to move ahead at lightning speed, we have an option you can't miss! Start earning cash with the Fast Start Program that helps you earn enough to help cover the cost of your products with extra Cash Bonuses in your first 30, 60, and 90 days."

#### **New Ambassador Resource Page**

In your Virtual Office, be sure to check out the New Ambassador Page, located at the top of your dashboard. This page has been created just for new Ambassadors to help you map out success with a simple plan!

#### Your Website and Referral Link

One of the many perks you'll enjoy as an Ambassador is the ability to earn some income when you share Health and Happiness. Just send out the link to your Plexus replicated website. The Customer's order will ship straight to them from our warehouse, and your commissions will be logged on your dashboard. It's that simple! Access your referral link by signing into your account and clicking the "My Site" option in the left-hand column."

#### **TRAINME Text Messages**

Receive training tips in the palm of your hand. We know you're busy, so we've made it as easy as possible to stay in the loop wherever you are. Text the words TRAINME to Plexus (753987) to receive training webinar reminders, webinar recordings, and training tips delivered straight to your phone.

#### Free Ambassador Training

Access live training right from your phone or computer. Listening to live training webinars is one of the easiest ways to learn. Start with our Welcome to Plexus webinar for everything you need to know to get started. You can find and register for upcoming training webinars by downloading the Ambassador Training and Support Calendar in the New Ambassador section of your Virtual Office.

#### Walk, Run, Sprint Email Series

Watch your inbox for your Welcome Email and pick your pace. Choose to Walk, Run, or Sprint your way toward success, and we'll send you weekly emails to guide you through it.

#### Your Virtual Office

Visit our homepage and use your login credentials from your confirmation email to sign in and check out the view from your new Virtual Office. Here you'll find a massive Resource Library, training tools, and your dashboard, which allows you to track orders and rewards.

#### Your One-Stop Video Shop

Subscribe to our YouTube Channel for product videos, business information, Plexus stories, and even healthy recipes. Be sure to check out the playlists, which organize the videos into topics. Go to: youtube.com/realplexusworldwide

#### Access your Virtual Office to learn more. Sign in at PlexusWorldwide.com.

"Plexus makes no guarantees on income. Personal earnings will vary. Your success depends on your effort, commitment, skill, and leadership abilities. In 2019, the average annual earnings of all Ambassadors are \$678. Please see the Plexus Annual Income Disclosure Statement.



### TIP #2:

### Never Fly Solo

Whether you're here to get Healthy and Happy or to start your own business, at Plexus<sup>®</sup>, you're never alone. Those who've tried to go at it solo say that they wish they hadn't. Connecting with the One Plexus Family is honestly one of the best perks. Surround yourself with positive people, and incredible things can happen!

#### Say hello, and get connected:

#### Your Sponsor

Remember the person who referred you to Plexus? That person is your Sponsor. They're here to help you find success. Connect with them in the next 48 hours to map out your goals, receive a quick orientation, and hear their story.

#### Your Upline

Your Sponsor has a Sponsor, too, and so on. This network is called your Upline, so whenever you need help — reach up! This incredible group of personal power partners, mentors, and cheerleaders is here to cheer you on! The resource sheet near the end of this booklet provides you with a convenient place to keep track of their contact information.

#### Facebook

Ready to get social? Pop in our Facebook Groups to stay in the loop about new product launches, incentives, events, training tips, and more. We also have a New Ambassador Academy our social learning support group filled with exclusive training and support for our brand new Ambassadors.

Go to: facebook.com/groups/plexusambassadorcommunity/

facebook.com/groups/ plexusnewambassadorsacademy

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### TIP #3:

### Start Sharing Now

When you've discovered something amazing, you want to shout it from the rooftops! You don't need to be an expert to start sharing. Our Ambassadors tell us they wish that they'd started sharing right away, not only to build momentum but to fuel their motivation. Of course, we've got your back every step of the way and are here to help you answer those nitty-gritty questions. Within your first 3 days, make a promise to yourself that you're going to make your first social media post and share 3 samples with friends.

Don't worry, we'll help! Here's everything you need to help you nail it:

#### Success Kit Product Guide

Ready to become a walking example of Health and Happiness? Check out your Success Kit Product Guide, and we'll help you find a product regimen that gets results people are bound to notice.

#### **Product Catalog**

We keep our product catalog up to date with the latest and greatest Plexus\* products. You'll learn a lot as you browse. And you might even find some new favorites! To access your digital Product Catalog, click on "Sharing Plexus," then, "Latest & Greatest," in your Virtual Office.

#### **Product Training**

There's a lot to explore; don't feel overwhelmed! You don't have to memorize everything all at once. Join our product training on the Plexus Ambassador Community Facebook Group, where we provide an in-depth review of each product's benefits and features. You can even access previous training from our Facebook group.

#### Your Welcome Pack

If you haven't grabbed your
Welcome Pack, do it fast! You have
30 days from your enrollment
date to take advantage of special
savings and begin your new product
regimen. Welcome Packs offer
powerful product combinations for
targeted benefits. Click the "Get Your
Welcome Pack" tile in your Virtual
Office to place your order, or contact
our Customer Service Department.

#### **Start Earning Perks**

Polish off your first social media post with a few bragging rights. Our Plexus Perks Rewards Program rewards your healthy habits. Just set your Subscription Order for 100 Personal Volume (PV) or more, and start earning Perk Credits each month. Save them up, then redeem them for a free product of your choice! Learn more about Plexus Perks by clicking the "How Are Perk Credits Earned?" tile in your Virtual Office.

#### How to Make Your First Social Media Post Guide

Not sure what to say? We'll give you some ideas. Access the New Ambassador Training Center in your Virtual Office and see our "How to Make Your First Social Post" guide for more ideas and strategies.

#### Live It. Love It. Track It. Sheet

Forming healthy habits takes time and consistency, but we make it easy. Download your Live It. Love It. Track It. Sheet from the New Ambassador Training Center in your Virtual Office and jot down a few notes on the goals you've set. Tracking subtle changes along the way will help you know that you're on the right path. And it makes it easy to share your story with friends.

#### Plexus Engage App

Did we mention how awesome the Plexus Engage App is? Visit getplexusapp.com for download information, then access the navigation bar in the top left-hand corner and tap "Training" for more information.

### How to Reach Out to Family and Friends Guide

Accountability partners ensure success; that's why we always recommend sharing Plexus with your family and friends! For help, access your How to Reach Out to Your Closest Friends and Family Guide in the New Ambassador Training Center of your Virtual Office.



# PUTTING IT ALL TOGETHER

We know what you're thinking. That's a lot to digest. To make things easy, we've buttoned everything up into a quick reference sheet and simple 3-day checklist. On the next few pages, you will find a resource sheet and checklist.

Take a few notes

Cross off your list

Move on to the 30-Day Guide in your Success Kit

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### MY PLEXUS® INFORMATION

Ambassador ID Number	
Website URL	
Virtual Office Password	

### **UPLINE CONTACTS**

Nearest Jewel Upline	Additional Contact	My Sponsor
Name:	Name:	Name:
Phone:	Phone:	Phone:
Email:	Email:	Email:

### RESOURCE DIRECTORY

#### **Ambassador Help Center** Compliance Use the Help Center to search for information compliance@plexusworldwide.com on any topic, incentive, or program 480.434.6400 M-F 7:00 a.m.-4:00 p.m. AZ helpcenter.plexusworldwide.com Our Legal and Compliance teams have done the legwork for you! 480.998.3490 Follow the guidelines they've established to ensure your business is M-F 6 a.m.-6 p.m. AZ, SAT 9 a.m.-2 p.m. AZ, operating properly. If you have additional questions about Policies SUN not available and Procedures or need help navigating through what you can say about Plexus products or the opportunity, we are here to help. Plexus Videos **Commission Questions** Check out the library of shareable Plexus Videos commissionsteam@plexusworldwide.com youtube.com/user/realplexusworldwide Plexus Ambassador Community Facebook Group Plexus Worldwide Facebook Brand Page https://www.facebook.com/officialplexusworldwide Best place to hear announcements and stay connected to the Ambassador Community facebook.com/groups/plexusambassadorcommunity

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## DAY 1 CHECKLIST

☐ 1. Start Taking Your Products

Begin your personal Health and Happiness regimen.

☐ 2. Access Success Tools in Your Virtual Office

Your login information was emailed to you right after you enrolled. If you need help, our Customer Service Department (480-998-3490) is here to assist you.

- ☐ 3. Stop by the New Ambassador Resource Page In Your Virtual Office
- ☐ 4. Connect on Facebook

You can find us by searching for "Plexus Ambassador Community" once logged in to Facebook. You can also access it from this link: facebook.com/groups/plexusambassadorcommunity/

And join the Plexus New Ambassador Academy: https://www.facebook.com/groups/PlexusNewAmbassadorsAcademy

- ☐ 5. Text TRAINME to Plexus (753987) for your New Ambassador Orientation invitation
- ☐ 6. Choose to Walk, Run, or Sprint by Picking Your Pace in Our Welcome Series Email
- ☐ 7. Subscribe to Our One-Stop Video Shop
  Go to youtube.com/realplexusworldwide and click on the red Subscribe button.

■ 8. Connect with Your Sponsor





### DAY 2 CHECKLIST

- ☐ 1. Review Your Success Kit Product Guide
- ☐ 2. Join Our Product Training Webinars
- ☐ 3. Download Your Free Live It. Love It. Track It. Sheet Tracker

  Access this resource in your Virtual Office > Training Center > New Ambassador section.
- ☐ 4. Take Advantage of Welcome Pack Savings and Start Your Regimen
- ☐ 5. Subscribe and Earn Plexus® Perks
  Set your Subscription Order for 100 Personal Volume (PV) or more.
- ☐ 6. See What Others Are Experiencing

Plexus products are impacting lives. You can read all about it under the "Testimony" tag on the Plexus Ambassador Community Facebook Group. Read a few stories. Do these stories make you think of someone you know who could have a similar experience?





### DAY 3 CHECKLIST

#### ☐ 1. Access Free Ambassador Training

Find upcoming training webinars and enroll by downloading the Ambassador Training and Support Calendar in the Virtual Office > Training Center > New Ambassador section.

#### ☐ 2. Listen to Your Sponsor's Story

If you haven't already, meet with your Sponsor. Use this opportunity to ask your Sponsor questions and get recommendations and tips regarding what worked for them and what you might want to try next to achieve your best results.

#### ☐ 3. Earn Cash with Fast Start<sup>™</sup>

Ask your Sponsor how you can participate in Fast Start in your first month and offset the cost of your products."

☐ 4. Download Your How to Share Plexus® with Your Closest Family and Friends
Access this resource in your Virtual Office > Training Center > New Ambassador section.

#### ☐ 5. Make Your First Social Media Post

Visit your Virtual Office > Training Center > New Ambassador section and access "How to Make Your First Social Post" for more ideas and strategies.

☐ 6. Use the Plexus Engage App to Send 3 Samples to Family and Friends



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## BELIEF CHANGES EVERYTHING

You're 1 step ahead, and you're on the right track. You have the heart, the drive, and the tools. All you need now is belief in yourself. This opportunity really can change everything. We believe in you!



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# HOW **FAST** WILL YOU MOVE TOWARD YOUR **DREAMS?**