

plexus Nerve™

Relief from occasional nerve discomfort*

Life is hard enough without occasional nerve discomfort. Plexus Nerve is a dietary supplement with a specifically formulated combination of vitamins, minerals, herbs, and amino acids to help support your healthy nerve cells and nervous system, so you can do more of the things you love.*



Discomfort Getting on Your Nerves?

Your body's nervous system is made up of billions of nerve cells, and occasional nerve discomfort can have a real, negative impact on your daily life. It is easy to feel frustrated when those uncomfortable feelings get in the way of you having a great day, especially when you work so hard to stay happy and healthy.

How Nerve Works

Nerve may help you find relief from occasional discomforts that hold you back. With a breakthrough formula that contains powerful extracts and natural antioxidants, Nerve can help support your healthy nerve cells and nervous system, so you can feel relief and focus on more important things.*

Nerve is the perfect addition to your healthy lifestyle routine. Just 1 capsule twice a day may help reduce unwanted occasional nerve discomfort, so you can go from feeling uncomfortable to being unstoppable.*

Nerve Primary Benefits:

- May help reduce occasional nerve discomfort*

Nerve Advantage:

- Gluten Free and Vegetarian

Who should use Nerve?

Nerve is made for adults who may be experiencing occasional unpleasant nerve discomfort. Nerve supports healthy nerve cells and may help you feel relief from the discomfort that gets in the way of having a great day.*

Nerve supports a whole-body approach to health as it supports your nervous system. Add it to your daily routine, along with other Plexus products, to keep you feeling your best so you can reach your goals!*

Frequently Asked Questions

How do I use Plexus Nerve?

For best results, Nerve should be taken daily — not just when needed. Take 1 capsule twice daily. You may take Nerve with or without food.

Can I take Plexus Nerve with other Plexus® products?

Nerve is a great addition to a Plexus regimen including Plexus Ease®. The combining effects of these products help you soothe away occasional discomforts that result from an active lifestyle.*

Can I take Nerve if I am pregnant or nursing or have an existing medical condition?

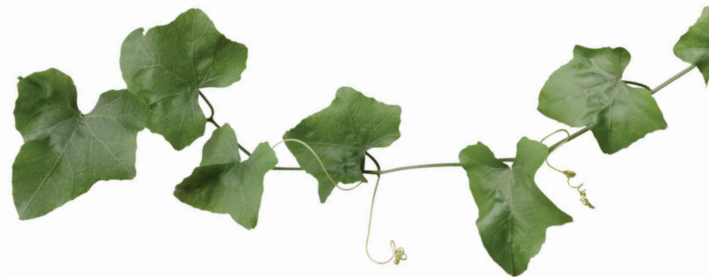
As with any dietary supplement, we recommend speaking to your physician before starting any new supplement. They will be the best resource to answer these types of questions.

Can Nerve be used by children under the age of 18?

Nerve is not recommended for use by children under 18 because the product was formulated to meet the needs of adults.

Is there caffeine or any other stimulants in Nerve?

No.



Ingredient Glossary

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% DV
Thiamin (as thiamin hydrochloride)	10 mg	833%
Riboflavin	2.5 mg	192%
Niacin (as niacinamide)	12.5 mg	78%
Vitamin B ₆ (as pyridoxine hydrochloride)	5 mg	294%
Folate	333 mcg DFE (200 mcg folic acid)	83%
Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20,833%
Biotin	500 mcg	1,667%
Zinc (as zinc amino acid chelate)	5 mg	45%
Copper (as copper citrate)	125 mcg	14%

Proprietary Blend 262 mg †
Acetyl L-carnitine, alpha lipoic acid, horse chestnut seed extract,
butcher's broom root powder, quercetin

†Daily Value (DV) not established.

Other Ingredients: Rice flour, hypromellose (vegetarian capsule), silicon dioxide, magnesium amino acid chelate, magnesium stearate, and titanium dioxide.

Acetyl L-Carnitine

L-Carnitine is essential for transportation of fatty acids into the mitochondria for breakdown.*

Alpha Lipoic Acid

A potent natural antioxidant.

Horse Chestnut Extract (from *Aesculus hippocastanum*)

European relative to the buckeye species in North America.

Butchers Broom (from *Ruscus aculeatus*)

A small perennial shrub with tough rigid leaves.

Quercetin

A natural antioxidant widely distributed in plants.

Vitamin and Mineral Blend

Vitamin B1 - Thiamine (as Thiamine Mononitrate)

Vitamin B1 plays a crucial role in certain metabolic reactions and functions as a coenzyme in energy production and carbohydrate metabolism. Every cell of the body requires Vitamin B1 to form adenosine triphosphate, which the cells of our body use for energy production.*

Vitamin B2 - Riboflavin (as Riboflavin 5-Phosphate Sodium)

Vitamin B2 is important for body growth and an important cofactor for the formation of other B Vitamins. Riboflavin-5-Phosphate is the bioactive, tissue-ready form of Riboflavin.*



Niacin - Vitamin B3 (as Niacinamide)

Niacin is required for cell respiration and helps release the energy in carbohydrates, fats, and proteins. Nicotinamide is a nonflushing (no redness or skin tingle) form of Vitamin B3.*

Vitamin B6 - Pyridoxine (as Pyridoxine Hydrochloride)

Vitamin B6 is a cofactor for enzymes that are involved in more than 100 reactions impacting the metabolism of protein, fats, and carbohydrates. Pyridoxal-5'-Phosphate is a bioactive form of B6.*

Folic Acid - Folate, Vitamin B9

Folic Acid is the supplemental form of Folate, which is essential for cell replication and growth.*

Vitamin B12 (as Methylcobalamin)

Vitamin B12 is needed for the function of all cells as it is required for normal cell growth and replication. Methylcobalamin is a bioactive and bioavailable form, immediately ready to be used by our body.*

Ingredient Glossary

**Biotin - Vitamin B7 (as D-Biotin)**

Biotin has an important role in metabolic function. It assists in metabolism of fatty acids and use of B Vitamins.*

Zinc (as Zinc Amino Acid Chelate)

Zinc is an essential trace mineral that acts as a cofactor in approximately 300 different enzyme reactions. Zinc Amino Acid Chelates are among the best forms of Zinc, being more absorbable than Zinc Sulfate, Zinc Acetate, Zinc Gluconate, or Zinc Oxide.*

Copper (as Copper Citrate)

Copper is an essential trace mineral. Copper Citrate is a highly bioavailable form of Copper.

Other Ingredients**Hypromellose (vegetarian capsule)**

The capsule shell is made from Hypromellose derived from pine trees. This capsule shell is non-GMO and vegan.

Rice Flour

Ground rice starch is used to help with proper capsule filling.

Silicon Dioxide

Moisture-controlling agent that improves flow of ingredients during encapsulation.

Magnesium Stearate

Magnesium-associated form of the fatty acid stearic acid. Used in small amounts to aid in the flow of ingredients during encapsulation.

Titanium Dioxide

Titanium Dioxide is a naturally occurring mineral that is mined from the earth, processed and refined, and added to a variety of foods as well as other consumer products. White in color, it is used to add pigment to the Plexus Nerve™ capsule.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.