

plexus[®] Slim Microbiome Activating

Healthy gut. Happy you.*



Real health begins in your gut. The delicate balance of beneficial and unwanted microbes in your gut (your “microbiome”) can affect everything — your mood, immune system, weight, and more. Any number of factors can disrupt the gut microbiome’s balance, like diet, stress, lack of exercise, or poor sleep habits (just to name a few). This imbalance can cause problems that affect your daily life, like occasional bloating, constipation, bad breath, and excess gas. Maintaining a beneficial balance of microbes in the gut can help you feel your best.

3 Things to Know:

- 1 Delicious supplement mix that feeds your gut with beneficial microbes to help keep your gut microbiome healthy.*
- 2 Features a prebiotic (called xylooligosaccharides or XOS) that helps increase beneficial microbes in your gut.*
- 3 Has been clinically demonstrated to help you lose weight safely and effectively.#*

Features:

- Delicious raspberry, lemon, watermelon flavor
- Only 5 calories per serving
- No artificial colors**, flavors, sweeteners, or preservatives



Benefits:

- Clinically studied XOS prebiotic promotes the growth of beneficial gut microbes.*
- Chromium supports healthy glucose metabolism.*
- Increases production of short-chain fatty acids, like butyrate (which regulates energy metabolism) and propionate (which may play an important role in appetite regulation).*
- Clinically demonstrated to help you lose weight#*
- Increases the metabolism-enhancing *Akkermansia* microbes up to 250 times.†*

How to Use:

Adults drink 1 serving up to twice daily. #For weight loss — adults drink 1 serving 30-60 minutes before 2 main meals daily.^
Simply tear the Slim packet and pour into your 12- to 20-ounce bottle of water and shake immediately.

Product Pairings:



- Enjoy along with ProBio 5[®] and Bio Cleanse[®], which make up TriPlex.
- Use with Lean Whey shake to help reach weight management goals.

^When combined with a reduced-calorie weight loss diet plan. Individual results will vary.

**Added color from natural sources

†The results of an in vitro human gut simulator study suggest that Slim’s formula may have several beneficial effects. Further research, including research conducted in humans, is needed to confirm these preliminary findings.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.