

plexus.

Restore

Return to well-being.

Your body was designed to function efficiently. It should be easy to find products that help support your wellness goals and to fight and protect your cells against free radicals.

NPN 80118835



Make a Fresh Start.

Maintaining your body's natural state of homeostasis can feel impossible when you don't know where to start. Restore empowers you with antioxidants which are crucial to protecting your cells against free radicals. This convenient mix helps increase your antioxidant intake and elevate your Hope, Health, and Happiness journey.

Refresh. Recalibrate.

Restore features a delicious lemon berry flavour.

Enjoy these great benefits and more:

- **Functional support** — Help your body function at its best
- **Healthy defenses** — Support your body's natural defense against environmental toxins by increasing antioxidants.

Did You Know?

- Environmental stressors are nearly impossible to avoid. There are pollutants in the air and contaminants or unfriendly chemicals in many everyday skincare, food, and home cleaning products.
- Everyday life is filled with environmental stressors that can disrupt your body's natural state of homeostasis. Examples include crowded environments, natural disasters, and even the noise from your alarm clock.
- Antioxidants help fight and protect cells against free radicals. Free radicals are molecules produced when your body breaks down food or when it's exposed to environmental toxins.^{1,2}

Sources:

1. <https://www.mayoclinic.org/healthy-lifestyle/nutrition-and-healthy-eating/multimedia/antioxidants/sls-20076428#text=1%20o%20s%20Antioxidants%3A%20Why,to%20tobacco%20smoke%20or%20radiation.>

2. <https://www.hsph.harvard.edu/nutritionsource/antioxidants/>

Restore Primary Benefits and Features

- Source of antioxidants
- Supports and protects cells from free radicals
- Citrus and berry flavoured
- Gluten free, vegan, and non-GMO with no artificial colours, flavours, sweeteners, or preservatives

Who Should Use Plexus Restore™?

Restore is excellent for anyone who wants to increase their antioxidant intake to protect cells against the oxidative damage caused by free radicals.

Here's how it works:

Purchase Plexus Reset™

Purchase your Reset to start your wellness journey.

Sip and support

Take Plexus Restore before a main meal.



Frequently Asked Questions

How much water should you use with Restore?

Adults (19+) mix 1 packet (5.9 g) with 470 mL of cold water and drink 30 minutes before a main meal daily. Consult with a healthcare practitioner for use beyond 10 weeks.

What gives Restore its purple colour?

The beautiful purple colour of Restore comes naturally from the hibiscus flower powder. Hibiscus is a traditional herbal plant distributed in tropical and subtropical regions around the world. It is well known for its nutritional and health promoting properties, many of which are directly linked to its various antioxidant compounds.

Is Restore gluten free and non-GMO?

Yes! Restore is gluten free and non-GMO.

Is it safe to have Restore if you are pregnant or breastfeeding?

As a part of the calorie-restrictive Plexus Reset™, we do not recommend that you to use this product while pregnant or breastfeeding.

Ingredient Glossary

Restore

MEDICINAL INGREDIENTS	
Each Packet Contains:	
Roselle (<i>Hibiscus sabdariffa</i>) flower	1.35 g
Yeast hydrolysate	500 mg
Magnolia bark (<i>Magnolia officinalis</i>) 6:1 extract (2% honokiol, 1% magnolol; QCE: 1,687.5 mg)	281.25 mg
Ginger (<i>Zingiber officinale</i>) root	175 mg
Peppermint (<i>Mentha x piperita</i>) leaf	100 mg
Spinach (<i>Spinacia oleracea</i>) leaf	100 mg
Spirulina (<i>Arthrospira platensis</i>) whole	75 mg
Berberine (<i>Phellodendron amurense</i> – stem bark)	2.5 mg
Aloe vera leaf gel	1 mg

Roselle (*Hibiscus sabdariffa*) flower Commonly named “red sorrel” or “roselle,” this a traditional herbal plant is distributed in tropical and subtropical regions around the world. It is well known for its nutritional - and health - promoting properties, many of which are directly linked to its various antioxidant compounds, including flavonoids, anthocyanidins, and triterpenoids.

Yeast hydrolysate: This deactivated yeast, often a strain of *Saccharomyces cerevisiae* is sold commercially as a food product to provide a nutty, slightly yeasty, roasted flavour note and texture to dishes. It's the same strain of yeast bakers use to leaven bread, except it has been processed with heat to dry out the yeast in order to release its nutritional properties.

Magnolia bark (*Magnolia officinalis*) extract: Magnolia and phellodendron barks are herbs used as traditional remedies for reducing stress.

Berberine (*Phellodendron amurense* - stem bark): Berberine, the main bioactive of Phellodendron amurense has been shown to work well together with magnolia bark.

Ginger (*Zingiber officinale*) root: Ginger has been widely employed in Chinese, Ayurvedic, and Unani traditional/home remedies since antiquity. Ginger has been linked to many health benefits.

Peppermint leaf powder: The peppermint herb comes from the leaves of *Menthae piperitae* and has a history of use in traditional herbal remedies.

Spinach leaf concentrate: In addition to its exceptional micronutrient content, spinach contains antioxidant carotenoids and polyphenols, which provide additional health benefits.

Spirulina (*Arthrospira plantensis*): Spirulina consists of cyanobacteria that can be consumed by humans and other animals. High in many nutrients and it has a variety of health benefits.

Aloe vera leaf gel: A thick, short-stemmed plant with pointed, fleshy green leaves. Each leaf is full of a slimy tissue that stores water: the “gel” we associate with Aloe Vera products. Aloe Vera gel is a source of/provides antioxidants and contains polyphenols and is a superfood. The inner fillet of Aloe Vera is responsible for the plant's benefits of enhancing absorption of certain micronutrients.



Natural flavours: Natural flavours are naturally occurring compounds that contribute to the unique flavour profiles found in foods. These various flavours are taken from essential oils, resins, essences, or extracts.

Citric acid: Naturally present in many fruits, particularly citrus fruits such as lemons and oranges. It contributes a mild sour flavour that complements sweetness.

Stevia (*Stevia rebaudiana*) Leaf Extract: Stevia is a perennial herb native to South America that has been used for centuries as a medicinal herb and a natural sweetener. The extract is prepared from the sweet-tasting leaves, and is standardized to 99% Rebaudioside A. The extract is then purified by filtration and crystallized into a compound that is typically 200 times sweeter than table sugar and has zero-calories.

Silicon dioxide: This is added to the powder mixture in order to ease the flow of the material through the manufacturing equipment, and to remove moisture to prevent the powder from clumping. Silica is one of the most abundant minerals on earth.