



Point of Difference:

Plexus TriPlex™

TriPlex is a simple, 3-product system that helps to weed, seed, and feed your gut microbiome to restore balance and set the foundation for overall health.*



What it is: Three Powerful Products

- Bio Cleanse
- ProBio 5
- Slim Microbiome Activating or Slim Hunger Control

What Makes it Special:

Weed.



Bio Cleanse and ProBio 5 help weed out unwanted microbes and intestinal yeast from the gut so that beneficial microbes can flourish.*

Seed.



ProBio 5 delivers probiotic strains to your digestive tract, right where they're needed most, to help your gut maintain "good" or beneficial bacteria.*

Feed.



Slim Microbiome Activating feeds your beneficial or "good" microbes with the prebiotics they need to thrive while Slim Hunger Control offers the added benefit of helping you stay fuller longer thanks to a unique fiber that attracts water and takes up space in your stomach to reduce your desire to overeat.*

TriPlex Daily Routine Example



Slim with
12-20 oz of water
30-60 min. before
your meal.

2 capsules of **Bio
Cleanse®** with 8
oz of water.



2 capsules of
ProBio 5® at
bedtime.

Gut Health Advanced Daily Routine Example



Slim #1 with
12-20 oz of water
30-60 min. before
your meal.

2 capsules of
Bio Cleanse with
8 oz of water.

Slim #2 with
12-20 oz of water
30-60 min. before
your meal.

2 capsules
of **ProBio 5**
and 1 capsule
VitalBiome® at
bedtime.

Take 2 **XFactor+** with any meal or take 1 with 2 meals

Mix **Greens** with 16 oz of cold water or drink of choice anytime throughout the day.

Product Pairings:

- Use immediately following the Plexus Reset™ —a 3-day nutritionally supported fast that helps to reset your metabolism.
- Add additional probiotic support by including VitalBiome.