



plexus-

MEGAX

A plant-based, broadspectrum Omega that supports a happy, healthy heart and brain.*

KEY BENEFITS

- · Provides support for a healthy heart*
- · Supports brain health*
- · Helps with stress management*

FEATURES

- · Delivers a broad spectrum of plant-based Omega fatty acids
- · Contains Ahiflower Oil, which includes Omega-3 stearidonic acid, a more bioavailable form of plant-based Omega-3.
- · Formulated with sustainably sourced ingredients
- · Free of contaminants, mercury from fish, or PCBs
- · Easy to swallow and no fishy aftertaste
- · Gluten Free and Non-GMO

HOW TO USE:

Adults take 2 soft gels daily.





SUGGESTED USE: Adults take 2 softgels daily.

Supplement Facts

Serving Size 2 Softgels Servings Per Container 30

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1%‡
Plant-Based Omega Blend Ahiflower® Buglossoides arvensis seed oil, avocado oil, pomegranate seed oil, sea buckthorn fruit oil, raspberry seed oil	1,046 mg	†
Total omega 3-fatty acids 300 mg		†
Alpha Linolenic Acid (ALA) 200 mg		
Stearidonic Acid (SDA) 100 mg		†
Total omega-6 and omega-9 fatty acids 300 mg		†
Total omega-5 and omega-7 fatty acids 100 mg		
‡Percent Daily Values are based on a 2,000 calorie diet. †Daily Value (DV) not established.		

Other Ingredients: Gelatin, vegetable glycerin, purified water, and mixed tocopherols from sunflower (antioxidant to preserve freshness).

Gluten free and non-GMO No artificial colors or preservatives

BETTER TOGETHER

- Triplex: A simple, 3-product gut health system to restore balance and set the foundation for overall health*
- **Reset:** 3-day nutritionally supported fast that helps to reset your metabolism
- Metaburn: Helps rev up your metabolism so you can burn more fat*
- **Sleep:** An easy way to support a quality night's sleep*
- XFactor+: The ultimate daily multivitamin designed to help you feel better, stay healthy, and function at your best*







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