



plexus

TRIPLEX

Gut Health System

A simple, 3-product system designed to improve gut health*

KEY BENEFITS

- Supports a healthy gut microbiome, which impacts immune function, weight management, brain health, and overall wellness*
- Helps promote regularity and reduce occasional gas, bloating, and GI discomfort*
- Helps balance the gut microbiome with probiotics and prebiotics so the good bacteria (and you) can thrive*



FEATURES

- **WEED – Bio Cleanse®:** A unique blend of magnesium and citrus bioflavonoids helps draw water into the intestine, increasing fluidity and gently stimulating the body's elimination process*
- **SEED – ProBio 5®:** Contains 5 beneficial probiotic strains plus digestive enzymes that work harmoniously to help maintain a healthy gut and digestive environment*
- **FEED – Slim Microbiome Activating:** Contains xylooligosaccharides (XOS), a prebiotic that feeds beneficial bacteria, has been clinically shown to improve intestinal microflora for enhanced health and well-being*
 - **Or Slim Hunger Control:** Helps you feel full longer with polydextrose, a calorie-smart prebiotic fiber that helps feed the beneficial bacteria in your gut to keep things in balance*
- No artificial colors**, flavors, sweeteners, preservatives, dairy, gluten, or GMO ingredients

CLINICAL STUDY

Daily use of the Triplex system was evaluated in an 8-week clinical study. It demonstrated the system's ability to support weight loss safely and effectively.*#^

- Participants included 97 (68 participants in the experimental group and 29 participants in placebo group) overweight adults.
- The purpose of the study was to assess whether daily use of TriPlex (twice daily Slim, twice daily Bio Cleanse, and once daily ProBio 5) resulted in greater weight loss than placebo
- Average weight loss over 8-weeks was 7.21 pounds (vs. 0.19 pounds for placebo group), with 25.6% of participants losing at least 5% of their initial body weight (both significantly different versus placebo group)#^*

BETTER TOGETHER

- **VitalBiome®:** Balance your gut microbiome to help improve mood along with healthy digestion.*
- **XFactor +:** A dynamic multivitamin that supports your microbiome and overall health.*
- **Plexus Reset™:** A 3-day nutritionally supported fast that helps to reset your metabolism.*

WHEN TO TAKE SUGGESTED ROUTINE



MORNING:

- Drink Slim 30-60 minutes before your meal.
- Eat a healthy, balanced breakfast.
- Take 2 or more capsules of Bio Cleanse (between meals).



AFTERNOON:

- Eat a healthy, balanced lunch.
- Take 2 or more capsules of Bio Cleanse (between meals).
- Optional: Drink Slim 30-60 minutes before your meal for weight loss benefits.#



EVENING:

- Eat a healthy, balanced dinner.
- Take 2 capsules of ProBio 5 before bedtime.

#For weight loss – adults drink 1 serving of SLIM 30 – 60 minutes before two main meals daily.*

To shop or view the latest product information



SCAN OR TAP HERE!

**Added color from natural sources

*When combined with a reduced calorie weight loss diet plan. Individual results will vary.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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