

# plexus Immune +™

## Powerful Immune System Support.\*

Your immune system is your body's first line of defense, but it takes the brunt of the effects of your busy lifestyle. Immune + is a powerful dietary supplement that primes, supports, and helps maintain a healthy immune system so you can keep moving at full speed and focus on what matters most.\*



## Life Doesn't Hit Pause. Neither Should You.

We know you want to be a force to be reckoned with and at the top of your game. To do that, you need a healthy immune system so that you're primed and ready for whatever life throws your way. The problem is that diet, stress, poor sleep, and other aspects of your busy lifestyle can weaken your body's first line of defense. Still, whether it's work, home, or play, you've got a lot on your plate — and that to-do list isn't going to take care of itself.\*

Proactive self-care sets the stage for a healthy, happy you. Exercise, rest, and a good diet help — but (let's face it) you're busy, so sometimes caring for your immune system is easier said than done. You deserve a better option!

## A Healthy Body = Peace of Mind

How does it feel when you know your immune system is functioning at its best? Immune + gives you peace of mind and helps you thrive in these ways and others:

- **Feel ready for anything** — Stimulate your body's natural immune defense system and be at the top of your game.\*
- **Be well-equipped** — Give your body the support it needs so that you can tackle your day with ease.\*
- **Thrive with confidence** — Enjoy life knowing that your immune system is being supported.\*



## Hello, Plexus Immune +!

We get it. You are the person whom everyone counts on, and you need today to be a healthy day. That's why we help thousands of busy people support their health with a powerful, patent pending dietary supplement that primes, supports, and helps maintain a strong immune system with 100% of your daily value of vitamin C, plus 2 prebiotic mushroom extracts, black rice extract, andrographis, a superfood antioxidant blend, and other scientifically backed, nature-inspired ingredients.\*

### How Does It Work? There Are 3 Key Ways.

Immune + works to prime, support, and maintain your body's immune system function with key immune health must-haves that help reduce free radicals, promote healthy cellular response, and support the robustness of your natural defenses.\*

**Prime:** Anthocyanidin-rich black rice extract, mushroom extracts, and an antioxidant-rich superfood blend help stimulate your body's natural immune system response.\*

**Support:** Turkey tail and royal agaricus mushroom extracts, andrographis, vitamin C, and black rice extract support the robustness of your innate and adaptive immune system.\*

**Maintain:** Prebiotic mushroom extracts help support a healthy immune response as well as feed beneficial gut microbes to support your overall health.\*



## Features and Benefits

### Immune + Primary Benefits

- Stimulates the body's natural immune-defense system\*
- Helps maintain the body's immune response at the cellular level\*
- Provides 100% of the daily value of vitamin C
- Contains prebiotic mushroom extracts to help support the immune system\*

#### Who Should Use Immune +?

Anyone who wants to make the most of each day should reach for Immune +! We know you have a lot on your plate every day, so we've made it super simple to help keep your immune system in tip-top shape. Just follow these quick steps for all the immune health must-haves you need.\*

#### Purchase Immune +

Grab your 30-day supply and add Immune + to your monthly subscription Order.

#### Take It Each Day

Just 2 capsules per day will help you prime, support, and maintain your immune system as part of your proactive self-care routine. For additional support, take up to 2 capsules twice daily.\*

#### Feel the Difference

Fortify your immune system and live life at full speed.\*



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## Frequently Asked Questions

### What is Immune +?

Immune + is a nature-inspired, patent pending formula that helps to prime, support, and maintain the body's immune system response. It is a key part of a proactive self-care routine and includes vitamin C (100% daily value), prebiotic mushroom extracts, black rice extract, and an antioxidant-rich superfood blend.\*

### Why should I take Immune +?

Life is busy, you've got a lot on your plate. However, your to-do list isn't going to take care of itself. Whether it's work, home, or play, you don't have time to slow down. You want to fortify your body's first line of defense so you can feel amazing and tackle each day with ease. To do that, you need a powerful dietary supplement with scientifically backed ingredients that help to prime and support your body's natural immune system response so you can focus on what's most important.\*

The problem is diet, stress, poor sleep, and other environmental factors are at constant odds with your immune system. This makes you worry that your health is left vulnerable and can be thrown off course at any moment. You deserve powerful immune support so you can spend more time living life at full speed and focus on the things that matter most.\*

That's why Plexus® developed Plexus Immune +™.

Immune + provides 100% of the daily value of vitamin C, plus two prebiotic mushroom extracts, black rice extract, andrographis, and a superfood antioxidant blend. It is nature-inspired, vegan, and stimulates the body's natural immune-defense system while providing antioxidants to help reduce free radicals.\*

With daily use, Immune + helps to stimulate your body's natural defenses, so your days radiate Health and Happiness.\*

### How does Immune + support my immune system?

Immune + helps to stimulate your body's natural defenses, so your days radiate Health and Happiness. It works in three key ways to support your immune system function: **prime, support, and maintain.**\*

**Prime:** Anthocyanidin-rich black rice extract, mushrooms extracts, and an antioxidant-rich superfood blend help to stimulate your body's natural immune system response.\*

**Support:** Turkey tail and royal agaricus mushroom extracts, andrographis, vitamin C, and black rice extract support the robustness of your innate and adaptive immune system.\*

**Maintain:** Prebiotic mushroom extracts help you maintain immune response at the cellular level as well as feed beneficial gut microbes to support your overall health.\*

### When is the best time to take Immune +?

There is no recommended time from an ingredient perspective to take Immune +. We would recommend finding the time that works best as part of your daily regimen.

### Is Immune + a daily use supplement?

Yes! Immune + is designed to be taken daily as part of a proactive self-care regimen.

### How many capsules should I take?

We recommend taking 2 capsules daily as part of a proactive self-care routine. For additional support, you can take up to 2 capsules twice daily. This could include before traveling or when entering a new environment.\*

### May I break up the capsule because I don't like to swallow pills, tablets, or capsules?

Absolutely, however Immune + has not been formulated for taste and, by breaking up the capsule, you may not like the flavor.



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### Is Immune + gluten free, non-GMO, and vegan?

Yes.

### Does Immune + contain common food allergens?

Immune + does not contain common food allergens (milk, egg, peanut, soybean, shellfish, tree nut, fish, or wheat).

### What is the age recommendation for Immune +?

Immune + was formulated to meet the nutritional needs of adults over 18.

### Can I take Immune + if I am pregnant, nursing, or have an existing medical condition?

As with any dietary supplement, we recommend speaking to your physician before starting any new supplement. They will be the best resource to answer these types of questions.

### Can I take Immune + with other Plexus® products?

Absolutely! Immune + is the perfect complement to other Plexus products.



### What ingredients are included in the superfood antioxidant blend?

In the Immune + superfood antioxidant blend are:

- Coffee bean extract
- Green tea leaf extract
- Broccoli sprout concentrate
- Onion bulb extract
- Apple fruit extract
- Quercetin (from Japanese sophora flower extract)
- Acerola fruit extract
- Tomato fruit concentrate
- Broccoli floret/stems concentrate
- Açai palm fruit concentrate
- Basil Leaf Concentrate
- Cinnamon bark concentrate
- Garlic clove concentrate
- Oregano leaf concentrate
- Turmeric rhizome concentrate
- Carrot root concentrate
- Elderberry fruit concentrate
- Mangosteen fruit concentrate
- Camu-camu fruit concentrate
- Blackberry fruit concentrate
- Blackcurrant fruit extract
- Blueberry fruit extract
- Raspberry fruit concentrate
- Spinach leaf concentrate
- Chokeberry fruit concentrate
- Kale leaf concentrate
- Sweet cherry fruit concentrate
- Bilberry fruit extract
- Brussels sprout bud concentrate



## Ingredients Glossary

### Supplement Facts

Serving Size 2 Capsules Servings Per Container 30		
	Amount Per Serving	% DV
Vitamin C (ascorbic acid)	90 mg	100%
Royal Agaricus Mushroom ( <i>Agaricus blazei</i> Murill) fruiting body extract (containing beta-glucan)	500 mg	†
Turkey Tail Mushroom ( <i>Coriolus versicolor</i> ) fruiting body extract (containing polysaccharides)	400 mg	†
<b>Superfood Antioxidant Blend</b>	100 mg	†
Coffee bean extract, green tea leaf extract, broccoli sprout concentrate, onion bulb extract, apple fruit extract, quercetin (from Japanese sophora flower extract), acerola fruit extract, tomato fruit concentrate, broccoli florets concentrate, acai palm fruit concentrate, basil leaf concentrate, cinnamon bark concentrate, garlic clove concentrate, oregano leaf concentrate, turmeric rhizome concentrate, carrot root concentrate, elderberry fruit concentrate, mango/peach fruit concentrate, camu-camu fruit concentrate, blackberry fruit concentrate, blackcurrant fruit extract, blueberry fruit extract, raspberry fruit concentrate, spinach leaf concentrate, chokeberry fruit concentrate, kale leaf concentrate, sweet cherry fruit concentrate, bilberry fruit extract, brussels sprout bud concentrate.		
Andrographis ( <i>Andrographis paniculata</i> ) aerial parts extract (min. 50% andrographolides)	60 mg	†
Black Rice ( <i>Oryza sativa</i> ) seed extract (containing cyanidin-3-glucosides)	50 mg	†

**Other Ingredients:** Hypromellose (vegetarian capsule), rice flour, silicon dioxide, and medium chain triglyceride powder.

**Superfood antioxidant blend** — This blend is a plant-based, scientifically validated blend of 29 fruits, vegetables, and herbs shown to reduce free radicals and promote cellular metabolism within the human body. There are 5 major types of free radicals within the body — and this blend targets all 5, making it a complete, full-spectrum antioxidant.\*

This blend has been clinically studied and shown to:

- Reduce total mean total Reactive Oxygen Species in subject's blood up to 20% (2 hours post ingestion)\*
- Increase mean cellular oxygen consumption in subject's blood up to 140% (1-hour post ingestion)\*
- Increase mean mitochondrial oxygen consumption up to 141% in subject's blood (1-hour post ingestion)\*
- Reduce mitochondrial free radicals up to 42% in subject's blood (2 hours post ingestion)\*
- Increase blood circulating nitric oxide up to 64%\*

**Black rice (*Oryza sativa*) extract** — Black or purple rice are cultivars of the standard rice species *oryza sativa*. The deep purple color in these cultivars derives from the high concentration of anthocyanins in the outermost layer of the endosperm. Black rice extract provides the same immune-supporting anthocyanins found in berries such as blackberries and elderberries.\*

**Vitamin C** — Vitamin C is an essential water-soluble vitamin that helps with a range of functions in the body. Immune + provides 100% of the reference daily intake for vitamin C. Vitamin C helps maintain our immune defense by supporting cellular functions related to the innate and adaptive immune system.\*

#### **Andrographis (*Andrographis paniculata*) Aerial Parts Extract**

— Andrographis paniculata is a plant native to India and Sri Lanka. Aerial parts of the plant *Andrographis paniculata* have been used for centuries in Chinese, Unani, and Ayurvedic traditions. Andrographis is listed in the World Health Organization's monograph of medicinal plants, which is recognized as an authoritative scientific reference on quality, safety, and efficacy.

**Royal agaricus mushroom (*agaricus blazei* murill) fruiting body extract** — *agaricus blazei* (AB) is a mushroom native to Brazil, where it is used as an edible mushroom or in extracts for traditional herbal therapy purposes but is now cultivated the world over. AB contains beta-glucans.



**Turkey tail mushroom (*Coriolus versicolor*) fruiting body extract** — *Coriolus versicolor* (CV) mushrooms are some of the most common mushrooms around the world and are found almost anywhere there are hardwood trees. CV as well as other mushrooms are used extensively in traditional Chinese herbal remedies. CV contains prebiotic polysaccharides.\*

**Hypromellose (vegan capsule)** — The vegan capsule shell used in Immune + is made from hypromellose, derived from pine trees. This capsule shell is non-GMO, vegan, kosher, and halal.

**Rice flour** — Rice flour is made from rice hulls that are sterilized and ground into a fine powder. Rice flour is used as an excipient to ensure consistent capsule fill weight.

**Silicon dioxide** — This is added to the powder mixture to ease the flow of the material through the manufacturing equipment and to remove moisture to prevent the powder from clumping. Silica is one of the most abundant minerals on earth. The form used is a food-grade silica that is ultrapure and free of contaminants and helps powders mix more easily.

**Medium chain triglyceride powder** — Medium chain triglycerides naturally occur in coconut oil. These shorter chain fats aid with the blending of other lipids.

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