

Immune +

POWERFUL, PATENTED IMMUNE SYSTEM SUPPORT.*

Your immune system is your body's first line of defense, but it takes the brunt of the effects of your busy lifestyle. Immune + is a powerful dietary supplement that primes, supports, and helps maintain a healthy immune system so you can keep moving at full speed and focus on what matters most.*



Life Doesn't Hit Pause. Neither Should You.

We know you want to be a force to be reckoned with and at the top of your game. To do that, you need a healthy immune system so that you're primed and ready for whatever life throws your way. The problem is that diet, stress, poor sleep, and other aspects of your busy lifestyle can weaken your body's first line of defense. Still, whether it's work, home, or play, you've got a lot on your plate — and that to-do list isn't going to take care of itself.

Proactive self-care sets the stage for a healthy, happy you. Exercise, rest, and a good diet help — but (let's face it) you're busy, so sometimes caring for your immune system is easier said than done. You deserve a better option!

A Patented Formula that Packs a Punch!

Immune + primes, supports, and helps maintain a strong immune system with 100% of your daily value of vitamin C, plus 2 prebiotic mushroom extracts, black rice extract, andrographis, a superfood antioxidant blend, and other scientifically backed, nature-inspired ingredients.*

How Does It Work? There Are 3 Key Ways.

Immune + works to prime, support, and maintain your body's immune system and upper respiratory health with key immune health must-haves that help reduce free radicals, promote healthy cellular response, and support the robustness of your natural defenses.*

Prime: Anthocyanidin-rich black rice extract, mushroom extracts, and an antioxidant-rich superfood blend help stimulate your body's natural immune system response. The mushroom extracts help maintain already normal white blood cell activity.*

Support: Turkey tail and royal agaricus mushroom extracts, andrographis, vitamin C, and black rice extract support the robustness of your innate and adaptive immune system.*

Maintain: Prebiotic mushroom extracts help support a healthy immune response, encourage normal macrophage and T-cell activity, as well as feed beneficial gut microbes to support your overall health.*

Features and Benefits

Immune + Primary Benefits

- Helps maintain the body's natural defenses at the cellular level*
- Promotes normal white blood cell, macrophage, and T-cell activity to support a healthy immune response*
- Provides powerful antioxidants to combat oxidative stress and protect cells from free radical damage*
- Helps maintain upper respiratory function and overall wellness*[^]
- Helps maintain immune balance and protect your body's defenses every day*
- Provides prebiotic compounds that nourish beneficial gut bacteria, a key part of overall wellness*

[^]For additional support, take 2 capsules twice daily.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Frequently Asked Questions

When is the best time to take Immune +?

There is no recommended time from an ingredient perspective to take Immune +. We would recommend finding the time that works best as part of your daily regimen.

Is Immune + a daily use supplement?

Yes! Immune + is designed to be taken daily as part of a proactive self-care regimen.

How many capsules should I take?

We recommend taking 2 capsules daily as part of a proactive self-care routine. For additional support, you can take up to 2 capsules twice daily. This could include before traveling or when entering a new environment.

May I break up the capsule because I don't like to swallow pills, tablets, or capsules?

Absolutely, however Immune + has not been formulated for taste and, by breaking up the capsule, you may not like the flavor.

Is Immune + gluten free, non-GMO, and vegan?

Yes.

Does Immune + contain common food allergens?

Immune + does not contain common food allergens (milk, egg, peanut, soybean, shellfish, tree nut, fish, or wheat).

What is the age recommendation for Immune +?

Immune + was formulated to meet the nutritional needs of adults over 18.

Can I take Immune + if I am pregnant, nursing, or have an existing medical condition?

As with any dietary supplement, we recommend speaking to your physician before starting any new supplement. They will be the best resource to answer these types of questions.

Can I take Immune + with other Plexus® products?

Absolutely! Immune + is the perfect complement to other Plexus products.

What ingredients are included in the superfood antioxidant blend?

In the Immune + superfood antioxidant blend are:

- Coffee bean extract
- Green tea leaf extract
- Broccoli sprout concentrate
- Onion bulb extract
- Apple fruit extract
- Quercetin (from *Japanese sophora* flower extract)
- Acerola fruit extract
- Tomato fruit concentrate
- Broccoli floret/stems concentrate
- Açai palm fruit concentrate
- Basil leaf concentrate
- Cinnamon bark concentrate
- Garlic clove concentrate
- Oregano leaf concentrate
- Turmeric rhizome concentrate
- Carrot root concentrate
- Elderberry fruit concentrate
- Mangosteen fruit concentrate
- Camu-camu fruit concentrate
- Blackberry fruit concentrate
- Blackcurrant fruit extract
- Blueberry fruit extract
- Raspberry fruit concentrate
- Spinach leaf concentrate
- Chokeberry fruit concentrate
- Kale leaf concentrate
- Sweet cherry fruit concentrate
- Bilberry fruit extract
- Brussels sprout bud concentrate

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SUGGESTED USE: Adults take 2 capsules daily. *For additional support, take up to 2 capsules, twice daily.

Supplement Facts		
Serving Size 2 Capsules Servings Per Container 30		
	Amount Per Serving	% DV
Vitamin C (ascorbic acid)	90 mg	100%
Royal Agaricus Mushroom (<i>Agaricus blazei</i> Murill) fruiting body extract (containing beta-glucan)	500 mg	†
Turkey Tail Mushroom (<i>Coriolus versicolor</i>) fruiting body extract (containing polysaccharides)	400 mg	†
Superfood Antioxidant Blend	100 mg	†
Coffee bean extract, green tea leaf extract, broccoli sprout concentrate, onion bulb extract, apple fruit extract, quercetin (from Japanese sophora flower extract), acerola fruit extract, tomato fruit concentrate, broccoli floret/stems concentrate, açai palm fruit concentrate, basil leaf concentrate, cinnamon bark concentrate, garlic clove concentrate, oregano leaf concentrate, turmeric rhizome concentrate, carrot root concentrate, elderberry fruit concentrate, mangosteen fruit concentrate, camu-camu fruit concentrate, blackberry fruit concentrate, blackcurrant fruit extract, blueberry fruit extract, raspberry fruit concentrate, spinach leaf concentrate, chokeberry fruit concentrate, kale leaf concentrate, sweet cherry fruit concentrate, bilberry fruit extract, brussels sprout bud concentrate		
Andrographis (<i>Andrographis paniculata</i>) aerial parts extract (min. 50% andrographolides)	60 mg	†
Black Rice (<i>Oryza sativa</i>) seed extract (containing cyanidin-3-glucosides)	50 mg	†

†Daily Value (DV) not established.

Other Ingredients: Hypromellose (vegetarian capsule), rice flour, silicon dioxide, and medium chain triglyceride powder.



NOTE: Do not exceed suggested daily serving. Not recommended for use by individuals under 18. As with any dietary supplement, consult your physician prior to use if you are pregnant, nursing, have or suspect a medical condition, or are taking medication. Do not use if inner safety seal under the cap is broken or missing. **Keep out of reach of children. Use only as directed.** Store in a cool, dry place.

Andrographis (*Andrographis paniculata*) Aerial Parts Extract — *Andrographis paniculata* is a plant native to India and Sri Lanka. Aerial parts of the plant *Andrographis paniculata* have been used for centuries in Chinese, Unani, and Ayurvedic traditions. Andrographis is listed in the World Health Organization’s monograph of medicinal plants, which is recognized as an authoritative scientific reference on quality, safety, and efficacy.

Black rice (*Oryza sativa*) extract — Black or purple rice are cultivars of the standard rice species *oryza sativa*. The deep purple color in these cultivars derives from the high concentration of anthocyanins in the outermost layer of the endosperm. Black rice extract provides the same immune-supporting anthocyanins found in berries such as blackberries and elderberries.*

Hypromellose (vegan capsule) — The vegan capsule shell used in Immune + is made from hypromellose, derived from pine trees. This capsule shell is non-GMO, vegan, kosher, and halal.



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INGREDIENT GLOSSARY

Immune+

Medium chain triglyceride powder — Medium chain triglycerides naturally occur in coconut oil. These shorter chain fats aid with the blending of other lipids.

Rice flour — Rice flour is made from rice hulls that are sterilized and ground into a fine powder. Rice flour is used as an excipient to ensure consistent capsule fill weight.

Royal agaricus mushroom (*agaricus blazei murill*) fruiting body extract — *agaricus blazei* (AB) is a mushroom native to Brazil, where it is used as an edible mushroom or in extracts for traditional herbal therapy purposes but is now cultivated the world over. AB contains beta-glucans.

Silicon dioxide — This is added to the powder mixture to ease the flow of the material through the manufacturing equipment and to remove moisture to prevent the powder from clumping. Silica is one of the most abundant minerals on earth. The form used is a food-grade silica that is ultrapure and free of contaminants and helps powders mix more easily.

Superfood antioxidant blend — This blend is a plant-based, scientifically validated blend of 29 fruits, vegetables, and herbs shown to reduce free radicals and promote cellular metabolism within the human body. There are 5 major types of free radicals within the body — and this blend targets all 5, making it a complete, full-spectrum antioxidant.*

This blend has been clinically studied and shown to:

- Reduce total mean total Reactive Oxygen Species in subject's blood up to 20% (2 hours post ingestion)*
- Increase mean cellular oxygen consumption in subject's blood up to 140% (1-hour post ingestion)*
- Increase mean mitochondrial oxygen consumption up to 141% in subject's blood (1-hour post ingestion)*
- Reduce mitochondrial free radicals up to 42% in subject's blood (2 hours post ingestion)*
- Increase blood circulating nitric oxide up to 64%*

Turkey tail mushroom (*Coriolus versicolor*) fruiting body extract — *Coriolus versicolor* (CV) mushrooms are some of the most common mushrooms around the world and are found almost anywhere there are hardwood trees. CV as well as other mushrooms are used extensively in traditional Chinese herbal remedies. CV contains prebiotic polysaccharides.*

Vitamin C — Vitamin C is an essential water-soluble vitamin that helps with a range of functions in the body. Immune + provides 100% of the reference daily intake for vitamin C. Vitamin C helps maintain our immune defense by supporting cellular functions related to the innate and adaptive immune system.*



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