



plexus

### PROBIO 5°

Helps balance the gut microbiome with good bacteria for a healthier you\*

# KEY BENEFITS

- Promotes a healthy microbiome by seeding the gut with 5 beneficial strains of probiotics\*
- Helps keep intestinal yeast in balance to promote a healthy gut environment\*
- · Helps the gut break down and utilize vital nutrients from your diet\*

### FEATURES

- 2 billion CFU of probiotics per capsule from 5 beneficial strains tohelp support gut microbiome balance\*
- 5 probiotic strains work harmoniously to reduce unwanted intestinal yeast and provide the gut with beneficial microbes to support a healthier digestive system\*
- Proprietary enzyme blend helps to break down foods and increase the body's ability to benefit from nutrients during digestion\*
- Vitamin C and grape seed extract act as antioxidants to help protect cells and tissues from oxidative damage caused by free radicals in our environment





**SUGGESTED USE:** Adults take 1 capsule daily at bedtime. Up to 4 capsules can initially be taken at bedtime, until desired results are achieved.

### Supplement Facts Serving Size 1 Capsule Servings Per Container 60 Amount Per Serving % DV Vitamin C (as ascorbic acid) 150 mg 167% Vitamin B6 (as pyridoxine hydrochloride) 147% 2.5 mg 200 mg **Enzyme Blend** Proteases, cellulase, serrapeptase 2 billion CFUs Probiotic Blend Bacillus coagulanst, Lactobacillus acidophilus, Bifidobacterium longum, Lactobacillus plantarum, Saccharomyces boulardii 25 mg Grape seed extract †Daily Value (DV) not established

Other Ingredients: Gelatin, water, and brown rice powder.

NOTE: Do not exceed suggested daily serving. Not recommended for use by individuals under 18. As with any dietary supplement, consult your physician prior to use if you are pregnant, nursing, have or suspect a medical condition, or are taking medication. Do not use if inner safety seal under the cap is broken or missing. Keep out of reach of children. Use only as directed. Store in a cool, dry place.

<sup>‡</sup>Chitosanase is an enzyme produced by *Bacillus coagulans*. *Saccharomyces boulardii* is a yeast species.

Gluten free No artificial colors

**Distributed By:** Plexus Worldwide® Scottsdale, AZ 85258 480-998-3490 plexusworldwide.com

### HOW TO USE:

Adults take 1 capsule daily at bedtime. Up to 4 capsules can initially be taken at bedtime, until desired results are achieved. It is recommended to take **ProBio 5® with Bio Cleanse® and Slim (Microbiome Activating or Hunger Control)**, which make up the TriPlex system.

## BETTER TOGETHIER

- Bio Cleanse: Helps reduce unwanted microbes and substances from your digestive system\*
- Slim Microbiome Activating: Promotes the growth of beneficial gut microbes that contribute to overall health, along with a balanced gut microbiome\*
- Slim Hunger Control: Helps you feel full longer with polydextrose, a calorie-smart prebiotic fiber that helps "feed" the good bacteria in your gut to keep things in balance\*
- VitalBiome®: Balance your gut's microbiome to support a happy mind along with healthy digestion\*
- Plexus Reset™: A 3-day nutritionally supported fast that helps reset your metabolism\*





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