



plexus

METABURN

Take your health and fitness to the next level with this blend of botanical leaf, root and seed extracts.

NPN 80125444

KEY BENEFITS

- Helps to temporarily increase basal metabolic rate
- Helps to temporarily enhance physical energy
- Helps to temporarily support and promote mental alertness
- Helps to temporarily relieve symptoms of stress

FEATURES

- The green tea extract provides antioxidants that help fight and protect cells against the oxidative effect caused by free radicals.
- Gluten free, vegetarian, no artificial flavours



MEDICINAL INGREDIENTS	
Each Capsule Contains:	
Green tea (<i>Camellia sinensis</i>) leaf extract (33% catechins; 45% EGCG)	100 mg
L-tyrosine (N-Acetyl tyrosine)	93.3 mg
Caffeine (1,3,7-Trimethylxanthine) from Green tea (<i>Camellia sinensis</i>) leaf	80 mg
Rhodiola (<i>Rhodiola rosea</i>) root extract (3% rosavins; 1% salidroside)	80 mg
L-theanine	75 mg
Guinea-pepper (<i>Aframomum melegueta</i>) seed extract (12.5% (6)-paradol)	41.67 mg
Forskohli (<i>Plectranthus barbatus</i>) root extract (1% forskolin)	31.25 mg
Astragalus (<i>Astragalus membranaceus</i>) root 10:1 extract (QCE: 118.75 mg)	11.875 mg
Notoginseng (<i>Panax notoginseng</i>) root 50:1 extract (QCE: 593.75 mg)	11.875 mg
Guarana (<i>Poullinia cupana</i>) seed extract (9% caffeine)	10 mg
L-5-HTP (L-5-hydroxytryptophan) from <i>Griffonia simplicifolia</i> seed	5 mg

Non-Medicinal Ingredients: Hypromellose, microcrystalline cellulose, dicalcium phosphate, maltodextrin, silicon dioxide, mediumchain triglycerides.

HOW TO USE:

Adults (18+) take 2 capsules once daily with food. Avoid taking before bedtime. Take a few hours before or after taking other medications or natural health products. Consult a healthcare professional for use beyond 4 weeks. For use as a diuretic: For occasional use only.

BETTER TOGETHER

- **Reset:** A supported fast that delivers protein, energy, electrolytes, vitamins and minerals that your body needs so that you can achieve your health goals.
- **VitalBiome®:** A product that delivers 8 diverse probiotic strains that support intestinal health, promote beneficial gut flora, and reduce stress-related gastrointestinal discomfort.
- **ProBio CA:** A multi-action product that combines probiotics, enzymes and botanicals to help support gastrointestinal health.
- **Bio Cleanse™:** Gentle relief to help irregularity and occasional constipation.

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