



plexus®

GREENS

A delicious, functional, on-the-go greens mix that helps support a daily wellness routine.

KEY BENEFITS

- Clean, green and nutritious** — Support your daily regimen with nutrients from a colourful variety of plant-based foods and enhanced antioxidants from an added kombucha tea blend.
- Compatible with your current lifestyle** — Add to your favourite Plexus® products, juices, smoothies, or salad dressings.
- On-The-Go Essentials** — Simplify your busy life with this delicious and satisfying way to get more greens in your diet and help close unwanted nutrient gaps.

FEATURES

- Fermentation helps maintain and enhance the antioxidant and nutritional capacity of fruits and vegetables
- Daily intake of phytonutrients from plants contributes to overall sense of well-being
- Aids in the development and maintenance of bones, cartilage, teeth, and gums
- Decreases the adverse effects of free radicals
- Delicious garden berry flavour
- Features a kombucha tea blend
- Only 15 calories per serving
- No added sugar
- Gluten free, vegan, and non-GMO
- No artificial colours, flavours, sweeteners, or preservatives



Nutrition Facts Valeur nutritive

Per Scoop (7.4 g)
Pour mesure (7.4 g)

% Daily Value* / % valeur quotidienne*	
Calories 15	
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 6 g	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 0.3 g	
Cholesterol / Cholestérol 0 mg	0 %
Sodium 10 mg	1 %
Potassium 40 mg	1 %
Calcium 10 mg	1 %
Iron / Fer 0.5 mg	3 %
Vitamin C / Vitamine C 7 mg	8 %

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est peu, 15% ou plus c'est beaucoup

HOW TO USE:

Mix 1 scoop with 475 mL of cold water or drink of choice.

Ingredients: Oat fibre, Vegetable blend (Organic kale leaf, Organic broccoli stalk & flower, Organic carrot root, Organic spinach leaf, Organic beet root, Organic green cabbage leaf, Organic parsley leaf), Natural flavours, Citric acid, Spirulina extract, Fermented fruit & vegetable blend (Organic apple fruit, Organic blueberry fruit, Organic carrot root, Organic cranberry fruit, Organic broccoli stalk & flower, Organic kale leaf, Organic parsley leaf, Organic spinach leaf), Kombucha tea blend (Apple cider vinegar, Ginger rhizome powder, Kombucha powder), Organic fermented ginger rhizome powder, Turmeric, Stevia leaf extract, Spirulina whole plant powder.

BETTER TOGETHER

- **HydroPlex:** A convenient and refreshing powder mix that delivers the electrolytes your body needs for optimal balance.
- **Active:** Natural health product that is formulated to promote lasting energy, along with mental sharpness, and enhance cognitive performance.
- **Slim:** The famous, great-tasting pink drink mix formulated with ingredients that help support healthy glucose metabolism and can help maintain healthy blood pressure levels
- **Slim Hunger Control:** Specially formulated with Polydextrose, designed to help temporarily increase satiety* and increase your ability to build healthy eating habits. This mix also supports a healthy glucose metabolism and is designed to help you manage your weight.^
- **Protein+:** A convenient powder mix that is packed with protein, vitamins, minerals, and full of flavour to support your active lifestyle and health goals.

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product information



SCAN OR
TAP HERE!

*When taken 90 minutes before a meal.

^Along with a healthy lifestyle that includes calories reduction and physical activity.