

plexus[®]
Jewel
TRAINING  SUMMIT



Q1 2021 Workbook

A Message From Our *Founders*



Welcome, Jewels, to the Jewel Training Summit! This event is all about you — your progress, your achievements, and your goals for the future. You are the hero of your story, but you don't have to figure everything out on your own. The speakers and trainers at this event are here to help you be empowered and confident as you work to develop and master the skills that will help you plan, grow, and lead with confidence. Congratulations on becoming a Jewel, and cheers to the next step in your Plexus journey!

Tarl Robinson

Alec Clark

“

Leaders become great not because of their power but because of their ability to empower others.” — John C. Maxwell

Jewel Trainers

Listed in alphabetical order by first name



Amy Kosmalski
Diamond Ambassador

What started as a desire to get wholesale pricing quickly became a desire to make the world a better place. Amy's journey with Plexus® is all about relationships, balance, and self-improvement. For her, motivation comes as she shares Plexus' life-changing products and opportunity as often as she can.



Becky Page
Diamond Ambassador

After 10 years building her career, Becky knew she wanted to stay home with her 3 children. She's loved every minute of her time with Plexus. As she's learned to shift her focus toward helping other people build their dreams and reach their goals, she's found more fulfillment, purpose, and joy.



Brenda Martin
Diamond reentry Senior Ruby Ambassador

Brenda always knew that she wanted to find a way to impact and change lives. When she found Plexus, it felt like a dream come true! Now, as a Diamond, she loves inspiring others to embrace the journey and to not be afraid of success and leadership.



Emily Finnell
Diamond reentry Emerald Ambassador

Emily says that Plexus has made her more faithful, confident, and successful than she ever thought she could be. Though she was skeptical of the opportunity at first, Emily was motivated by a desire to be home with her boys. She loves watching her team grow, meet their goals, and change their lives.



Helen McFadden
Diamond reentry Emerald Ambassador

Helen loves living life on her terms — an opportunity that she says Plexus has given her. She considers it an honor and a privilege to be a Diamond with Plexus and finds fulfillment in pouring belief into others and helping them have their own personal breakthroughs.



Jenn Hawkins
Diamond reentry Diamond Ambassador

To Jenn, there isn't much difference between building her business and helping others build their businesses. She wants to help her entire team achieve the freedom that she's experienced because of Plexus and believes that genuine connection is the key to getting there.



Jennifer Leath
Diamond reentry Senior Gold Ambassador

Though Jennifer loved Plexus products, she was hesitant at first to go all in on her business. Now she recognizes her business as an opportunity to grow, achieve, and do good in the world. Plexus has taught her to trust and be proud of herself.



Kyle Raney
Diamond reentry Silver Ambassador

Kyle first saw Plexus as an opportunity to take his family from surviving to thriving. Over the years, he's learned that real fulfillment comes from serving others and helping them reach their full potential. He believes in being bold, being teachable, and having a why that gets you out of bed every day.

Jewel Trainers

Listed in alphabetical order by first name



Melissa Eickenhorst
Diamond Ambassador

Though she initially joined Plexus® as a way to pay for her favorite products, Melissa quickly realized that she had the opportunity to use her business to change her life — and the lives of others — for the better. The opportunity to help others dream big and achieve those dreams is what keeps her going every day.



Rebekah Fowlkes
Diamond reentry Gold Ambassador

Rebekah was “all in” from her first day with Plexus. Soon she realized that she could change not only her life but thousands of others’ lives as well. She has built a successful business based on hustle, creativity, and helping others identify and use their unique strengths.



Robin Sullivan*
Diamond reentry Senior Ruby Ambassador

Prior to becoming an Ambassador, Robin was an Assistant Principal. She decided to focus more on her business and has relished having more time with her family. Sharing health and wellness with others is her passion, but she’s most fulfilled when helping people become the best version of themselves through personal growth and development.



Rozalyn Payne*
Diamond reentry Senior Gold Ambassador

When Rozalyn first heard about Plexus 7 1/2 years ago, she was completely skeptical. She had been an advertising executive for 19 years and had a lot of preconceived notions about what network marketing was. That all changed when Rozalyn realized that an extra stream of income could help cover some medical bills for her son. She quickly fell in love with the products and the opportunity and grew her team to Diamond in 14 months.*



Sheila Medina*
Diamond reentry Sapphire Ambassador

As the first person to reach the rank of Diamond, Sheila knows firsthand that Plexus is the “opportunity of a lifetime.” Today her Plexus journey is centered around creating a legacy for her family and changing lives. “After all,” she says, “your Plexus business could be the answer that others have been looking and praying for.”



Sonya Dudley
Diamond reentry Senior Gold Ambassador

After Sonya’s best friend introduced her to Plexus, it only took 2 1/2 months before Sonya was sharing her favorite products with everyone she knew. Now, as a Diamond, she focuses on empowering others to be their best. To Sonya, there is nothing better than seeing Ambassadors reach their full potential.



Wendy Larson
Diamond Ambassador

As a homeschooling mom of 3, Wendy loves being able to run her business from home while spending time with her kids (and promoting Health and Happiness). She sees Plexus as an “endless opportunity” and is a firm believer in leading her team by example.

*March Jewel Summit Trainer

March Jewel Summit *Trainers*

Listed in order of appearance



Amber Miller
Diamond Ambassador

Amber first joined Plexus® as a bright-eyed 23-year-old for the products, but was inspired to start sharing when she learned that she could generate some income. At the start of her journey, Amber didn't believe that she was capable of anything more than the smallest accomplishments. Along the way, she developed deep friendships, and discovered confidence that carried over into every area of life!®



Sally Lewis
Diamond Ambassador

When Sally first joined Plexus, she simply wanted to be a better mom and more loving wife. Her primary focus was addressing her health, but she was also secretly a little excited at the possibility of earning a some extra income. Sally and her husband had just moved back from living in Zambia so every little bit helped! Now, as a Diamond, Sally knows that Plexus offers so much hope for every single person out there.®



Brittney Howard
Diamond Ambassador

For Brittney, the road to Diamond wasn't easy. But as a homeschooling mom of 5, it was important to her to be able to work from home, so she stuck with it. Now she wants to help others feel the same accomplishment and achieve their dreams.



Christina Williams
Diamond reentry Ruby Ambassador

When Christina first joined Plexus, she was working full time as a teacher, had her hands full as a busy mom with lots of kids (including a newborn), and was in graduate school. Her best advice is to always be willing to invest in yourself and make the necessary sacrifices to work Plexus into your life. Christina's why is rooted deeply in her purpose to serve and inspire others.



Jordan Roddenberry
Diamond Ambassador

Plexus has been more rewarding for Jordan than she ever thought possible. The confidence she has gained from building her own business has energized her life and brought her freedom in a number of ways. She believes in showing up, taking care of others, and leading by example.



Jennifer Cobb
Diamond Ambassador

Jennifer's story is unique in that she joined for the businesses first, and realized later that she could benefit from the products as well. Due to unexpected circumstances, Jennifer found herself and her family in financial crisis. Her husband had unexpectedly lost his job and they had three boys to support. So, Jennifer went all in and nineteen months later, she was a Diamond.®

®Plexus makes no guarantees on income. Personal earnings will vary. Your success depends on your effort, commitment, skill and leadership abilities. In 2019, the average annual earnings of all Ambassadors were 678.94 USD. Please see the Plexus Annual Income Disclosure Statement.

Congratulations

2020 Emerald Rank Ups



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2020 Emerald Rank Ups

continued



Kimberly Sherrill



Kimberly Woggerman



Kimela Whitfield



Kirsten Fresh



Kristen Myers



Kristin Elliott



Kristin Moser



Kristina Campbell



Krystal Holtsclaw



Lacey Wilcox



Lacy Mitchell



Laura Davis



Laura Maria Patricia Aldana Mendez



Lauren Gillean



Lauren Loveless



Lauren Smith



Lauren Thomas



Laurie Powless



Leah Weldy



Leanne Lackey



Leesa Atkinson



Libby Gearey



Lina Mirna Najera Diaz



Linda Brown



Lindsay Gosnell



Lindsey Joseph



Lindsey Pettit



Lisa Klassen



Lisa McFall



Maggie Rouse



Mandy Avery



Mandy Brummels



Mandy Noss



Manuel Castro



Maria Olivia Gonzalez De Alba



Markeeta McKinnis



Maureen Valdivia



Megan Sorrell



Megan Stewart



Melissa Lombardo



Melissa Siebert



Melody Detwiler



Meracel Bosma



Meredith Brocklebank



Michael Jankowski



Michele Stuchell



Michelle Pilos



Mila Little



Mindy Covey



Mindy Frye



Misty Miller



Molly Schultz



Natalie Dolan



Natalie Johnson



Nick Mezzour



Nicole Brinkerhoff



Nicole Considine



Nicole Gordon Barker



Noelle Russow



Octavio Bermudez Olmos



Paige Lankford



Patty Alberino



Rachel Davis



Rachel Duck



Rebecca Derosier



Refugio Robles



Renecheia Robinson



Ricardo Sanchez Najera



Ricky Estes



Ronica Garrod



Rosa Maria Dominguez Saldivar



Ruthann Smith



Sable Victory



Sami Ubrun



Sammi Stewart



Tonya Simmons



Sara Krahn



Sarahann Miller



Scott Roberts



Scott Hoppius



Seruwaia Davetanivalu



Sheila Brinkman



Sonya Gilson



Stacie Ishikawa



Stephanie Farren



Stephanie Martindale



Stephanie Nero-Martin



Susan Platt



Susan Weaver



Tammy Konneker



Tara Castaneda



Taylor Smith



Terri Richardson



Tina Conrad



Tina Glaspie



Tina Leavitt



Torri Jacobs



Traci Fogle



Tracy Petry



Tracy Schellenberg



Veronica Barragan Tapia



Vicki Helbert



Wendy Damitz



Zachery Slavin



Wyetta Graham



Yvonne Veach



Congratulations

2020 Sapphire Rank Ups

Adrienne Williams*	Alejandro Lopez Gonzalez*	Allie Kintz	Amanda Allshouse	Amber Rosney*
Amy Maguinness	Amy Triplett	Andrea Derrick	Andrea Violette	Angela Atkinson
Angela Bellar*	Austin Harmon	Barbara Anderson	Barri Martin-Pautz	Brian Pereira*
Brittani Rhodes	Brooke Kleeberger	Candace Keck*	Cheri Harbidge	Darla French
Dawn Higgins Andrews	Debbie Winn*	Elizabeth Guiver	Elizabeth Heffner	Emily Walter
Erin Crowell	Heather Head	Heber Leyva Pozas*	Israel Estrella Hernández*	Jacqueline Hastings*
Jaija Tettleton	Jana Bolster	Jana Lee	Janelle Espling	Janelle Johnson
Jenna Smith	Jennifer Tuggle	Jennifer Wieland	Jessica Pearce	Jessica Ridenour
Jessica Schlimer*	Jessika Wagner	Joanna Miller	Johanna Trask	Jwana Slavin
Kate Brooks	Katherine Deleon*	Katie Baird	Katie Ciccarelli*	Katie Rutledge
Kelly Lintz	Kimberley Rankin	Kimberly Mortenson	Kodie Helmer	Kristi Stamey
Laura Newman	Lauren Smithson	LeeAnn Beckwith*	Lina Nayeli Sanchez Najera	Lisa Hudson
Lori Welch	Marge Martens	Maria Ramos	Maribel Hurtado*	Megan Reinking Szot*
Meghan Ashman*	Melanie Allen	Michelle Harrell	Mike Adams	Morgan Johnson*
Natalie Becker	Nikki Loveless	Rachelle Osborne	Randa Jordan*	Rebecca Pavey
Rebecca Simmons	Sadie Hoette	Seegal Anselmo	Sheila Medina*	Suzie Dixon
	Tarah Eldridge*	Timie Yancey*	Tracy Stine	

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*Double ranked in 2020 **Triple ranked in 2020



2020 Diamond Rank Ups

Abigail Waleik*	Adrian Larsson*	Alita Langford	Amber Hargett	Andrea Estes
April Resch**	Ashlee Blase	Aubri Geurin*	Autumn McLees	Brandy Walker
Brenda Croft*	Brianne Coolidge	Bridget Kroll*	Brittney Howard	Catherine Minor*
Cheryl Muller*	Christina Williams*	Christine Rosencrans	Colby Roberts*	Datha Whitfield*
Deborah Hoppe*	Drew Anderson*	Emily Burgess*	Emily Lothert**	Jennifer Cobb*
Jennifer Schock	Jenny Caspers*	Jordan Roddenberry*	Justin Goff	Karl Spohn
Kate Owen	Krista Dearey	Kristen Rogers	Kyle Raney	Kyndel Herbst
Laine Fish Loftis*	Laura Ferguson	Marianne Anderson	Megan Milakovic*	Melissa Shaver*
Melody Hoppius	Natalie Foeller*	Paige Greenway*	Rachel Hofseth*	Raya Moore**
Robin Sullivan	Sabrina Ingram*	Sally Crosby	Sally Lewis*	Scott Allen*
Shea Jones**	Shoshanna Easling	Silvia Porter	Stefanie Shaughnessy	Stephanie Erskine
Sue Yount	Sunnie Keck	Susan Sevraneck	Tanya Leary	Tara Pinney
Thomas Hemingway	Tiffany Weaver**	Vicki Flenniken*	Wesleigh Bishop	Yvan Pereira**

2020 Top Business Builder *Recognition*

Kristen Abart
Diamond Ambassador

Drew Anderson
Diamond Ambassador

Marianne Anderson
Diamond Ambassador

Meghan Ashman
Sapphire Ambassador

LeeAnn Beckwith
Sapphire Ambassador

Gianina Bilan
Emerald Ambassador

Phallin Black
Diamond Ambassador

Katie Ciccarelli
Sapphire Ambassador

Jennifer Cobb
Diamond Ambassador

Lauren Collinsworth
Diamond Ambassador

Brianne Coolidge
Diamond Ambassador

Greg Cooper
Emerald Ambassador

Laurie Cooper
Diamond Ambassador

Jodie DeBoer
Emerald Ambassador

Ricky Estes
Emerald Ambassador

Kara Flippin
Emerald Ambassador

Nicole Gall
Diamond Ambassador

Emily Gibson
Diamond Ambassador

Megan Goff
Diamond Ambassador

Paige Greenway
Diamond Ambassador

Celeste Gwynn
Diamond Ambassador

Christina Hanselman Williams
Diamond Ambassador

Jaime Haskin
Diamond Ambassador

Jenn Hawkins
Diamond Ambassador

Jessica Hefley
Diamond Ambassador

Brooke Hemingway
Diamond Ambassador

Brooke Hemingway
Diamond Ambassador

Kyndel Herbst
Diamond Ambassador

Tamara Holloway
Diamond Ambassador

Melody Hoppius
Diamond Ambassador

Brittney Howard
Diamond Ambassador

Sabrina Ingram
Diamond Ambassador

Michael Jankowski
Emerald Ambassador

Christy Jex
Diamond Ambassador

Morgan Johnson
Sapphire Ambassador

Shea Jones
Diamond Ambassador

Randa Jordan
Sapphire Ambassador

Kayla Karagias
Emerald Ambassador

Adrian Larsson
Diamond Ambassador

Emily Lothert
Diamond Ambassador

Joanna Miller
Sapphire Ambassador

Karla Monroig
Emerald Ambassador

Raya Moore
Diamond Ambassador

Yvan Pereira
Diamond Ambassador

Tracy Petry
Emerald Ambassador

Laurie Powless
Emerald Ambassador

Patricia Regar
Diamond Ambassador

Megan Reinking Szot
Sapphire Ambassador

Jill Renfro
Diamond Ambassador

April Resch
Diamond Ambassador

Natasha Ritchie
Diamond Ambassador

Emily Roberts
Diamond Ambassador

Renecheia Robinson
Emerald Ambassador

Jordan Roddenberry
Diamond Ambassador

Bridget Ryan
Diamond Ambassador

Megan Sorrell
Emerald Ambassador

Jesus Soto
Emerald Ambassador

Jennifer Caspers
Diamond Ambassador

Robin Sullivan
Diamond Ambassador

Lauren Thomas
Emerald Ambassador

Tiffany Weaver
Diamond Ambassador

Lori Welch
Diamond Ambassador

Adrienne Williams
Sapphire Ambassador

Tiffany Wilson
Diamond Ambassador

Timie Yancey
Sapphire Ambassador

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2020 Top Enrollments *Recognition*

Meghan Ashman
Sapphire Ambassador

Greg Cooper
Emerald Ambassador

Arianne Crutchmer
Emerald Ambassador

Rachel Davis
Emerald Ambassador

Randa Jordan
Sapphire Ambassador

Allie MacPhail
Emerald Ambassador

Karla Monroig
Emerald Ambassador

Raya Moore
Diamond Ambassador

Tracy Petry
Emerald Ambassador

Lindsey Pettit
Emerald Ambassador

Laurie Powless
Emerald Ambassador

Renecheia Robinson
Emerald Ambassador

Refugio Robles
Emerald Ambassador

Austin Ryan
Emerald Ambassador

Tonya Simmons
Emerald Ambassador

Zachery Slavin
Emerald Ambassador

Megan Sorrell
Emerald Ambassador

Jesus Soto
Emerald Ambassador

Jennifer Caspers
Diamond Ambassador

Lauren Thomas
Emerald Ambassador

Carla Westerby
Emerald Ambassador

Timie Yancey
Sapphire Ambassador

“

Leadership is not taken; it is given. People give leadership to those that they trust. They allow people that they trust to have influence over their lives.” — Dr. Henry Cloud

WHAT TO EXPECT: Day 1

You will hear from some of Plexus' top Diamond leaders, who will share thoughts, tips, and best practices to help you feel more empowered as a leader and business owner.

Today's content will give you a foundational overview of key topics. On Day 2, you will have the chance to dive deeper, ask questions, and create your own plan for success.

Agenda

1

Founders Welcome

Tarl Robinson, CEO and Founder, and Alec Clark, President and Founder
9:00-9:10 a.m. PT/10:00-10:10 a.m. MT/11:00-11:10 a.m. CT/12:00-12:10 p.m. ET

2

Your Place in Our Rich Jewel History

Sheila Medina, Diamond reentry Sapphire Ambassador
9:10-9:15 a.m. PT/10:10-10:15 a.m. MT/11:10-11:15 a.m. CT/12:10-12:15 p.m. ET

3

What It Means to Be a Jewel

Chris Pike, Director of Ambassador Collaboration
9:15-9:20 a.m. PT/10:15-10:20 a.m. MT/11:15-11:20 a.m. CT/12:15-12:20 p.m. ET

4

Getting Clear About Success

Amber Miller, Diamond Ambassador
9:20-9:30 a.m. PT/10:20-10:30 a.m. MT/11:20-11:30 a.m. CT/12:20-12:30 p.m. ET

5

Honing in on Personal Growth

Sally Lewis, Diamond Ambassador
9:30-9:40 a.m. PT/10:30-10:40 a.m. MT/11:30-11:40 a.m. CT/12:30-12:40 p.m. ET

6

The Secret Power of a Career Mindset

Brittney Howard, Diamond Ambassador
Christina Williams, Diamond reentry Ruby Ambassador
9:40-9:50 a.m. PT/10:40-10:50 a.m. MT/11:40-11:50 a.m. CT/12:40-12:50 p.m. ET

7

Developing Leadership Vitality, Emotional Intelligence, and Resilience (Keynote)

Sara Ross, M.S.
9:50-10:20 a.m. PT/10:50-11:20 a.m. MT/11:50 a.m.-12:20 p.m. CT/12:50-1:20 p.m. ET

8

Leaders Recruit for Stability

Jordan Roddenberry, Diamond Ambassador
10:20-10:30 a.m. PT/11:20-11:30 a.m. MT/12:20-12:30 p.m. CT/1:20-1:30 p.m. ET

9

Reignite Retention with Culture

Robin Sullivan, Diamond reentry Senior Ruby Ambassador
Rozalyn Payne, Diamond reentry Senior Gold Ambassador
10:30-10:40 a.m. PT/11:30-11:40 a.m. MT/12:30-12:40 p.m. CT/1:30-1:40 p.m. ET

10

Leveraging Systems for Success

Jennifer Cobb, Diamond Ambassador
10:40-10:50 a.m. PT/11:40-11:50 a.m. MT/12:40-12:50 p.m. CT/1:40-1:50 p.m. ET

11

What's to Come and How to Get There

Travis Garza, President of Sales and Marketing
10:50-10:55 a.m. PT/11:50-11:55 a.m. MT/12:50-12:55 p.m. CT/1:50-1:55 p.m. ET

Founders Welcome



TARL ROBINSON
CEO and Founder



ALEC CLARK
President and Founder

Notes

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Themes

Theme 1:

Theme 2:

Theme 3:

Lightbulb Moments

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Your Place in Our Rich Jewel History

SHEILA MEDINA

Diamond reentry Sapphire Ambassador

Notes

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Themes

Theme 1:

Theme 2:

Theme 3:

Lightbulb Moments

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What It Means to Be a Jewel

CHRIS PIKE

Director of Ambassador Collaboration



Notes

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Themes

Theme 1:

Theme 2:

Theme 3:

Lightbulb Moments

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Getting Clear About Success

AMBER MILLER
Diamond Ambassador

Themes

Theme 1: Anchor your belief

Theme 2: Understanding attrition

Theme 3: Vanity metrics

Lightbulb Moments

Action items:

Notes

How confident am I in this area?

1 — 2 — 3 — 4 — 5

Honing in on Personal Growth

SALLY LEWIS
Diamond Ambassador



Themes

Theme 1: Importance of filling your cup

Theme 2: Investing in yourself pays off

Theme 3: Be a lifelong learner

Lightbulb Moments

Action items:

Notes

How confident am I in this area?

1 — 2 — 3 — 4 — 5



The Secret Power of a Career Mindset

BRITTNEY HOWARD

Diamond Ambassador

CHRISTINA WILLIAMS

Diamond reentry Ruby Ambassador

Themes

Theme 1: Setting realistic expectations

Theme 2: The compound effect

Theme 3: Normalizing the highs and lows

Lightbulb Moments

Action items:

Notes

How confident am I in this area?

1 — 2 — 3 — 4 — 5

Developing Leadership Vitality, Emotional Intelligence, and Resilience

SARA ROSS, M.S.



Themes	Lightbulb Moments	Action items:
<p>Theme 1: Accountability is affected by the alignment of our intentions with our impact</p> <p>Theme 2: Removing the emotional system from the driver seat of decision making</p> <p>Theme 3: Willingness to unlearn old responses and re-learn new ones</p>		

Notes

How confident am I in this area?

1 — 2 — 3 — 4 — 5



Leaders Recruit for Stability

JORDAN RODDENBERRY

Diamond Ambassador

Themes

Theme 1: Pitfalls of management mode

Theme 2: Attract business builders

Theme 3: Develop a recruiting system

Lightbulb Moments

Action items:

Notes

How confident am I in this area?

1 — 2 — 3 — 4 — 5

Reignite Retention with Culture

ROBIN SULLIVAN

Diamond reentry Senior Ruby Ambassador

ROZALYN PAYNE

Diamond reentry Senior Gold Ambassador



Themes

Theme 1: Team engagement

Theme 2: Building a sense of community

Theme 3: Lead by example

Lightbulb Moments

Action items:

Notes

How confident am I in this area?

1 — 2 — 3 — 4 — 5



Leveraging Systems for Success

JENNIFER COBB
Diamond Ambassador

Themes

Theme 1: Goal mapping

Theme 2: Eliminating the guesswork

Theme 3: Teach and train to a specific audience

Lightbulb Moments

Action items:

Notes

How confident am I in this area?

1 — 2 — 3 — 4 — 5

What's to Come and How to Get There

TRAVIS GARZA
President of Sales and Marketing



Notes

A large, empty rectangular area with a dotted border, intended for taking notes.

Themes

Theme 1:

Theme 2:


Theme 3:

Lightbulb Moments

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Day 2





“Daring leadership is ultimately about serving other people, not ourselves.”

— Brené Brown



WHAT TO EXPECT: Day 2

Now that you have a good understanding of these foundational principles, it's time to start applying them to you and your business.

Take advantage of this opportunity to connect, ask questions, and think about how to put these principles to work.

Agenda

1

Your Place in Our Rich Jewel History

Sheila Medina, Diamond reentry Sapphire Ambassador

9:00-9:20 a.m. PT/10:00-10:20 a.m. MT/11:00-11:20 a.m. CT/12:00-12:20 p.m. ET

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Amber Miller, Diamond Ambassador

9:20-9:40 a.m. PT/10:20-10:40 a.m. MT/11:20-11:40 a.m. CT/12:20-12:40 p.m. ET

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Honing in on Personal Growth

Sally Lewis, Diamond Ambassador

9:40-10:00 a.m. PT/10:40-11:00 a.m. MT/11:40 a.m.-12:00 p.m. CT/12:40-1:00 p.m. ET

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The Secret Power of a Career Mindset

Brittney Howard, Diamond Ambassador

Christina Williams, Diamond reentry Ruby Ambassador

10:00-10:20 a.m. PT/11:00-11:20 a.m. MT/12:00-12:20 p.m. CT/1:00-1:20 p.m. ET

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Leaders Recruit for Stability

Jordan Roddenberry, Diamond Ambassador

10:20-10:40 a.m. PT/11:20-11:40 a.m. MT/12:20-12:40 p.m. CT/1:20-1:40 p.m. ET

6

Reignite Retention with Culture

Robin Sullivan, Diamond reentry Sr. Ruby Ambassador

Rozalyn Payne, Diamond reentry Silver Ambassador

10:40-11:00 a.m. PT/11:40 a.m.-12:00 p.m. MT/12:40-1:00 p.m. CT/1:40-2:00 p.m. ET

7

Leveraging Systems for Success

Jennifer Cobb, Diamond Ambassador

11:00-11:20 a.m. PT/12:00-12:20 p.m. MT/1:00-1:20 p.m. CT/2:00-2:20 p.m. ET

Your Place in Our Rich Jewel History

SHEILA MEDINA

Diamond reentry Sapphire Ambassador



Questions for the trainer:

What do I do well?

How can I improve?

Action items:

Notes



Getting Clear About Success

AMBER MILLER
Diamond Ambassador

Questions for the trainer:

What do I do well?

How can I improve?

Action items:

Notes

Honing in on Personal Growth

SALLY LEWIS
Diamond Ambassador



Questions for the trainer:

What do I do well?

How can I improve?

Action items:

Notes



The Secret Power of a Career Mindset

BRITTNEY HOWARD

Diamond Ambassador

CHRISTINA WILLIAMS

Diamond reentry Ruby Ambassador

Questions for the trainer:

What do I do well?

How can I improve?

Action items:

Notes

Leaders Recruit for Stability

JORDAN RODDENBERRY
Diamond Ambassador



Questions for the trainer:

What do I do well?

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How can I improve?

Blank space for writing responses to 'How can I improve?'

Action items:

Blank space for writing action items.

Notes

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Reignite Retention with Culture

ROBIN SULLIVAN

Diamond reentry Senior Ruby Ambassador

ROZALYN PAYNE

Diamond reentry Senior Gold Ambassador

Questions for the trainer:

What do I do well?

How can I improve?

Action items:

Notes

Leveraging Systems for Success

JENNIFER COBB
Diamond Ambassador



Questions for the trainer:

What do I do well?

Blank space for notes.

How can I improve?

Blank space for notes.

Action items:

Blank space for notes.

Notes

Large blank space for notes.

“When we help ourselves, we find **moments of happiness.** When we help others, we find **lasting fulfillment.**”

— Simon Sinek



Call to *Action*

Take the two lowest scores from your self evaluation. These are your two main area of opportunity. Look at your notes for the breakout session for each of these opportunity areas. Use your notes to create an action plan in the space below.

Action Plan for Opportunity Area #1:

Action Plan for Opportunity Area #2:

