

Bio Cleanse

FOR BALANCE AND COMFORT

Find your natural rhythm.



Experience Well-Balanced, Daily Rhythm

A busy lifestyle means less time and energy to focus on things like a fiber-rich diet and regular exercise, which takes a toll after a while. Neglecting to care for your body can leave you feeling out of balance, while everyday stress, dietary choices, and lifestyle factors can disrupt your body's natural flow. Supporting your internal balance is key to feeling your best. Bio Cleanse is formulated with magnesium and vitamin C to help maintain harmony and promote an overall feeling of well-being. It also aids in reducing unwanted bacteria and other substances, helping you feel light and refreshed.

Bio Cleanse: The Might of Magnesium

Bio Cleanse is a gentle formula that contains a unique combination of magnesium and hesperidin that helps you manage those days when you feel irregular.

KEY BENEFITS

- Supports a regular rhythm & daily comfort—Helps improve irregular and uncomfortable days
- Gentle daily support—Helps get your body back on track for a more comfortable and balanced experience
- Magnesium-powered wellness—Magnesium contributes to maintaining a regular rhythm and supports the body's natural cleansing process
- Feel refreshed & rejuvenated—Research suggests that magnesium supports comfortable sleep environments for older adults and a refreshed feeling in the morning
- A clean, thoughtful formula—Aids in reducing unwanted bacteria and substances and is non-GMO, gluten-free, and vegan, with no artificial colors

Key Ingredients

- Magnesium—Supports balance and contributes to the body's natural cleansing processes
- Vitamin C—Helps maintain healthy skin and mucous membranes while also providing antioxidant benefits
- Hesperidin—Supports a wide range of health-promoting properties

Bio Cleanse Advantage

- Bio Cleanse supports the body's internal environment and helps restore its natural rhythm
- Vegan
- Non-GMO
- Gluten free
- No artificial colors

Bio Cleanse is a key component of TriPlex, a 3-product system:

TAKE OUT + SOW + TO GROW



Take Out

Bio Cleanse supports the internal environment and helps restore natural rhythms, promoting a comfortable and balanced life.



Sow

VitalBiome™ provides probiotics, including unique psychobiotic strains, that promote a regular rhythm, relaxation, and a sense of comfort.



To Grow

Slim Biome contains prebiotics to increase beneficial bacteria.

Who Should Use This Product?

Bio Cleanse is for adults who want to have the benefits that come from maintaining a regular rhythm and supporting daily comfort. Whether taken in the morning or evening, it's an easy step toward feeling comfortable, balanced, and refreshed every day.

Frequently Asked Questions

How should I take Bio Cleanse?

Adults take 2 capsules with 240 mL of water daily.

Can I take Bio Cleanse with other Plexus™ products?

Absolutely! Bio Cleanse is the perfect complement to other Plexus products. We recommend taking Bio Cleanse with VitalBiome™ and Slim Biome, which make up the TriPlex system.

Why should I take Bio Cleanse?

If you struggle to eat a balanced, fiber-rich diet consistently, or if you have a hard time keeping a regular exercise regimen, Bio Cleanse is a great product for you.

How many Bio Cleanse capsules can I take a day?

We recommend taking 2 capsules of Bio Cleanse per day. As with all Plexus products, you should take the product as directed. It is not recommended to take more than the daily serving.

Is Bio Cleanse a laxative, and will I experience any side effects when I start taking it?

Bio Cleanse is not a laxative. It can temporarily increase the frequency and urgency of bowel movements you experience in the beginning.

Can I take Bio Cleanse while pregnant or breastfeeding?

If pregnant or nursing, consult your physician prior to use.

Can Bio Cleanse be used by children under the age of 18?

Bio Cleanse is not recommended for use by children under 18.

Does Bio Cleanse contain any common food allergens?

Bio Cleanse is vegan, gluten free, and does not contain common food allergens. It also contains no artificial colors.

Can I take Bio Cleanse with my medication(s)?

We recommend you consult your physician before combining Bio Cleanse with any medications.



●名称:ビタミンC・マグネシウム含有食品●原材料名:米粉 / 水酸化マグネシウム、重炭酸Na、HPMC、アスコルビン酸、ヘスペリジン●内容量:52.5g (0.875g x 60粒)
●賞味期限:ボトルの底面に記載(年月)●保存方法:直射日光を避け、涼しい所に保管してください。●原産国名:米国●輸入者:プレクス・ジャパン株式会社東京都港区六本木7-7-7 トライセブン六本木8F

お召し上がり方：成人は、240 mLの水と一緒に2粒を目安に毎日お召し上がりください。

栄養成分表示(1日2粒1.75 g当たり)

エネルギー	0.67 kcal
たんぱく質	0 g
脂質	0 g
炭水化物	0.25 g
食塩相当量	0.05 g
ビタミンC	150 mg
マグネシウム	350 mg

ヘスペリジン	50 mg
重炭酸ナトリウム	190 mg

1日当たりの摂取目安量に含まれる機能の表示を行う栄養成分の量の栄養素等表示基準値(18歳以上、基準熱量 2,200kcal)に占める割合:ビタミンC 150%

★ボトルの内側のシールに異常がある場合は、製品を使用しないでください。1日の摂取目安量を守ってください。★多量に摂取すると軟便(下痢)になることがあります。★妊娠中又は授乳中の方や薬を服用中あるいは通院中の方は、医師や薬剤師にご相談の上お召し上がりください。★乳幼児、小児は本品の摂取を避けてください。★開栓後はキャップをしっかりと閉め、お早めにお召し上がりください。★お子さまの手の届かない所に保存してください。

グルテンフリーでビーガン対応

Ingredient Glossary

Hesperidin

Hesperidin is a major flavonoid found in lemons and sweet oranges as well as in some other fruits and vegetables. Both hesperidin and its aglycone hesperetin have been reported to possess a wide range of health-promoting properties.

Hypromellose (vegetarian capsule) (naturally derived)

The capsule shell is made from hypromellose, derived from pine trees. This capsule shell is non-GMO, vegan, Kosher, and Halal. It is a natural filler (not flow agent), to ensure specified weight is met consistently during encapsulation by adequately filling the capsule.

Magnesium (as Magnesium Hydroxide)

Magnesium is an essential mineral and is present in all cells in the body.

Rice Flour

Rice flour is made from rice hulls that are sterilized and ground into fine powder. Rice flour is used as an excipient to ensure consistent capsule fill weight.

Sodium Bicarbonate

Sodium bicarbonate is an alkali salt of sodium.

Vitamin C (as ascorbic acid)

Vitamin C is an essential water-soluble vitamin that has a wide range of functions in the human body. It helps maintain the health of skin and mucous membranes while also having antioxidant properties.

