



NPN 80116678 & NPN 80117383

plexus
PROTEIN+™

A convenient powder mix that is packed with protein, vitamins, minerals, and full of flavour to support your active lifestyle and health goals.



TOP THREE BENEFITS

- Helps maintain proper muscle function and tissue formation
- Excellent source of protein for the maintenance of good health
- Helps maintain the body's ability to metabolize nutrients

FEATURES

- 21 grams of whey protein per serving which is a highly digestible and highly absorbable source of amino acids
- 21 easy-to-absorb vitamins and minerals to help support bodily functions and keep the body working properly
- 15 servings per bag
- Enjoy two delicious flavour options: chocolate or vanilla
- Through our Nourish One® initiative, when you shake up a serving of Plexus Protein+, you're also helping a child in need with a donation to Mary's Meals.



CHOCOLATE

MEDICINAL INGREDIENTS / INGRÉDIENTS MÉDICINAUX

Each Scoop Contains / Chaque portion contient :

Whey protein concentrate (Bos taurus) milk (80% whey protein) containing:	12.17 g
Concentré de protéines de lactosérum (Bos taurus) lait (80% de protéines de lactosérum) contenant :	
Potassium	144.18 mg
Calcium	71.77 mg
Phosphorus / Phosphore	53.96 mg
Milk protein isolate (Bos taurus) milk (90% protein)	0.591 g
Isolat de protéine de lait (Bos taurus) lait (90% de protéines)	
Whey protein isolate (90% whey protein) containing:	0.585 g
Isolat de protéine de lactosérum (90% de protéines de lactosérum) contenant :	
Potassium	8.32 mg
Calcium	5.74 mg
Phosphorus / Phosphore	1.04 mg
Fungal protease (Aspergillus flavus var. oryzae) whole	75 mg
Protéase fongique (Aspergillus flavus var. Oryzae) entier	7,500 FCC HUT / 7 500 CABANE FCC
Magnesium (Magnesium hydroxide) / Magnésium (Hydroxyde de magnésium)	28.5 mg
Vitamin C (Ascorbyl palmitate) / Vitamine C (Palmitate d'ascorbyle)	6.75 mg
Iron (Iron (II) phosphate) / Fer (Phosphate de fer (II))	2 mg
Vitamin E (D-alpha tocopherol) / Vitamine E (D-alpha tocophérol)	1.25 mg AT
Zinc (Zinc citrate) / Zinc (Citrate de zinc)	1.1 mg
Manganese (Manganese (II) citrate) / Manganèse (Citrate de manganèse (II))	0.5 mg
Vitamin B2 (Riboflavin 5'-phosphate) / Vitamine B2 (Riboflavine 5'-phosphate)	0.2 mg
Pantothenic acid (Calcium D-pantothenate) / Acide pantothénique (D-pantothénate de calcium)	0.175 mg
Vitamin B6 (Pyridoxal 5'-phosphate) / Vitamine B6 (Pyridoxal 5'-phosphate)	0.15 mg
Vitamin B1 (Thiamine mononitrate) / Vitamine B1 (Mononitrate de thiamine)	0.125 mg
Vitamin A (Vitamin A palmitate) / Vitamine A (Palmitate de vitamine A)	45 mcg RAE
Folate (L-5-Methyltetrahydrofolate, calcium salt) / Folate (L-5-méthyltétrahydrofolate, sel de calcium)	27 mcg
Vitamin D (Cholecalciferol) / Vitamine D (Cholécalciférol)	0.5 mcg
Vitamin B12 (Methylcobalamin) / Vitamine B12 (Méthyl-cobalamine)	0.125 mcg

Non-Medicinal Ingredients: Polydextrose, alkalinized cocoa powder, natural flavours, coconut palm sugar, sunflower oil, sunflower lecithin, guar gum, xanthan gum, sea salt, stevia leaf extract.

VANILLA

MEDICINAL INGREDIENTS / INGRÉDIENTS MÉDICINAUX

Each Scoop Contains / Chaque portion contient :

Whey protein concentrate (Bos taurus) milk (80% whey protein) containing:	12.5 g
Concentré de protéines de lactosérum (Bos Taurus) lait (80% de protéines de lactosérum) contenant :	
Potassium	78 mg
Calcium	69.5 mg
Phosphorus / Phosphore	53.96 mg
Milk protein isolate (Bos taurus) milk (90% protein)	0.59 g
Isolat de protéine de lait (Bos taurus) lait (90% de protéines)	
Whey protein isolate (90% whey protein) containing:	0.585 g
Isolat de protéine de lactosérum (90% de protéines de lactosérum) contenant :	
Potassium	4.5 mg
Calcium	5.55 mg
Phosphorus / Phosphore	1.04 mg
Fungal protease (Aspergillus flavus var. oryzae) whole	75 mg
Protéase fongique (Aspergillus flavus var. Oryzae) entier	7,500 FCC HUT / 7 500 CABANE FCC
Magnesium (Magnesium hydroxide) / Magnésium (Hydroxyde de magnésium)	17 mg
Vitamin C (Ascorbyl palmitate) / Vitamine C (Palmitate d'ascorbyle)	6.75 mg
Iron (Iron (II) phosphate) / Fer (Phosphate de fer (II))	1.3 mg
Vitamin E (D-alpha tocopherol) / Vitamine E (D-alpha tocophérol)	1.25 mg AT
Zinc (Zinc citrate) / Zinc (Citrate de zinc)	1.1 mg
Manganese (Manganese (II) citrate) / Manganèse (Citrate de manganèse (II))	0.5 mg
Vitamin B2 (Riboflavin 5'-phosphate) / Vitamine B2 (Riboflavine 5'-phosphate)	0.2 mg
Pantothenic acid (Calcium D-pantothenate) / Acide pantothénique (D-pantothénate de calcium)	0.175 mg
Vitamin B6 (Pyridoxal 5'-phosphate) / Vitamine B6 (Pyridoxal 5'-phosphate)	0.15 mg
Vitamin B1 (Thiamine mononitrate) / Vitamine B1 (Mononitrate de thiamine)	0.125 mg
Vitamin A (Vitamin A palmitate) / Vitamine A (Palmitate de vitamine A)	45 mcg RAE
Folate (L-5-Methyltetrahydrofolate, calcium salt) / Folate (L-5-méthyltétrahydrofolate, sel de calcium)	27 mcg
Vitamin D (Cholecalciferol) / Vitamine D (Cholécalciférol)	0.5 mcg
Vitamin B12 (Methylcobalamin) / Vitamine B12 (Méthyl-cobalamine)	0.125 mcg

Non-Medicinal Ingredients: Polydextrose, natural flavours, sunflower oil, coconut palm sugar, sunflower lecithin, guar gum, xanthan gum, sea salt, stevia leaf extract.



GLUTEN
FREE



NON-GMO



NO ARTIFICIAL
COLOURS,
FLAVOURS OR
SWEETENERS

HOW TO USE

Chocolate

Adults blend or stir 2 scoops (40 g) with 250 mL of water or milk of choice, up to twice daily. Take with food, a few hours before or after taking other medications or natural health products. Ensure to drink enough fluid before, during, and after exercise. Consult a healthcare practitioner for prolonged use.

Vanilla

Adults blend or stir 2 scoops (39 g) with 250 mL of water or milk of choice, up to twice daily. Take with food, a few hours before or after taking other medications or natural health products. Ensure to drink enough fluid before, during, and after exercise. Consult a healthcare practitioner for prolonged use.

BETTER TOGETHER

- **TriPlex:** A simple combination that can help to support your GI health, which leads to whole body health.
- **Slim Hunger Control:** Helps support healthy glucose metabolism and helps support cardiovascular health.
- **MetaBurn:** Revolutionary multi-action unique blend of botanical leaf, root, and seed extracts that helps to temporarily increase basal metabolic rate, enhance physical energy and support cognitive function.
- **Reset:** A supported fast that delivers protein, energy, electrolytes, vitamins and minerals that your body needs so that you can achieve your health goals.



Through our Nourish One® initiative, when you shake up a serving of Plexus Protein+, you're also helping a child in need with a donation to Mary's Meals.

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product information



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